



**Road Running Technical Council  
USA Track & Field  
Measurement Certificate**



Name of the course Live Like Laken 5K Distance 5 km  
Location (state) GA (city) Woodstock  
Type of course: Road Race  
Measuring Methods: Bicycle  
Measured By Doug Jones, 895 Cremins Rd, Lawrenceville, GA 30046, dwjones895@gmail.com, 470-302-0539  
Race Contact Skyler Cox, 7545 Main St Building 200 Woodstock GA 30188 phone number: 770 924 7768 e-mail: srcox@c  
Date(s) when course measured: 06/01/2018  
Number of measurements of entire course: 2 Course Configuration: Complex of different loops  
Elevation (meters above sea level) Start 296.80 Finish 298.70 Lowest 265.00 Highest 298.70  
Straight line distance between start and finish 151.8m Drop 0.38 m/km Separation 3.00 %  
Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %  
Effective date of certification: June 5, 2018 Certification code: GA18041DJ

Note to Race Director: Use this Certification Code  
in all public announcements relating to your race.

## ***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course ---** In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 of the year:*** **2028**

**AS NATIONALLY CERTIFIED BY:**

Date: July 28, 2024

Doug Jones - USATF/RRTC Certifier - 895 Cremins Rd, Lawrenceville GA 30046  
(470) 302-0539 - dwjones895@gmail.com

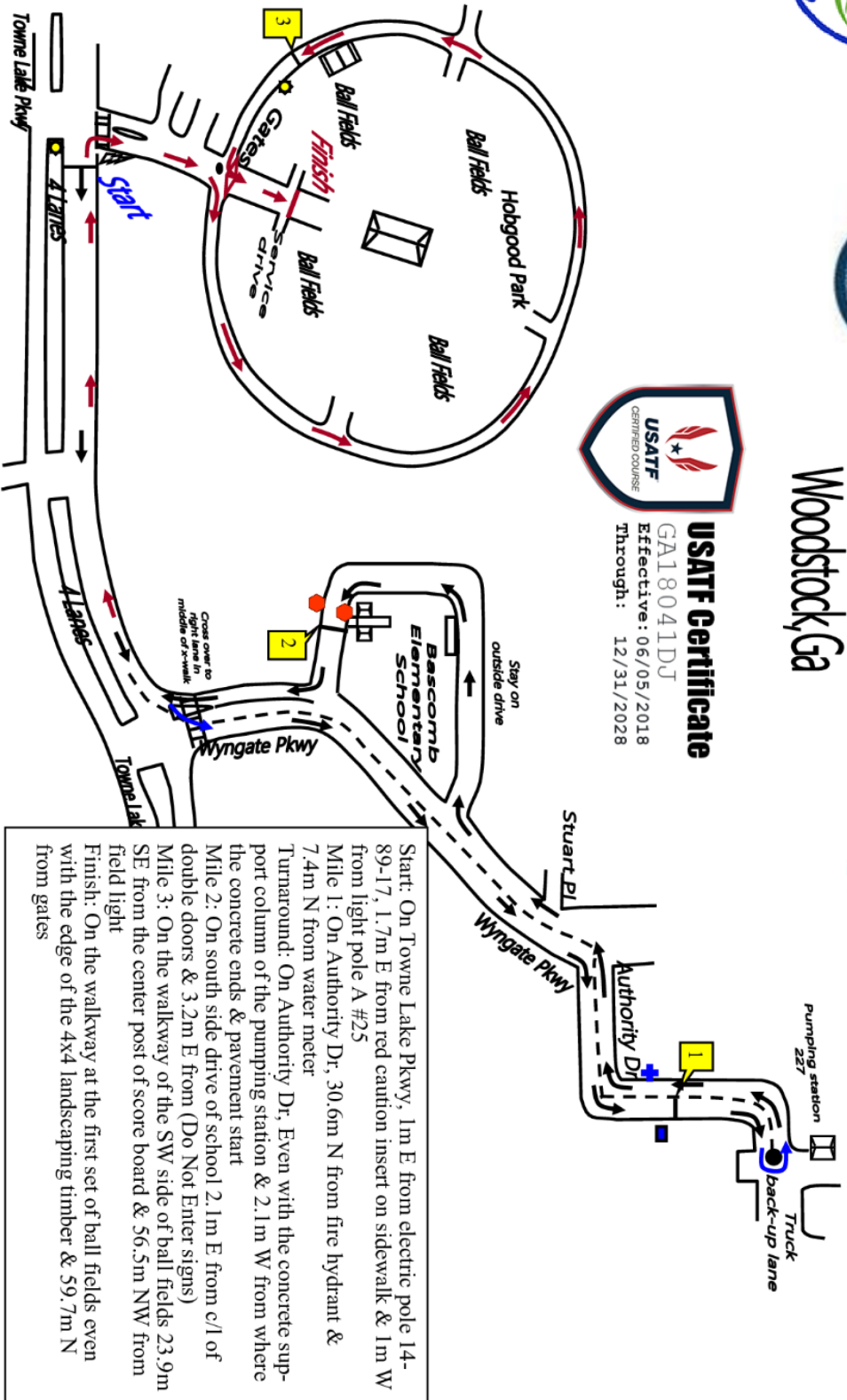


# Live Like Laken 5K

Woodstock, Ga



**USATF Certificate**  
GA18041DJ  
Effective: 06/05/2018  
Through: 12/31/2028



Not to  
scale

Measured on  
06/01/2018

Measured and drawn by:  
Doug Jones  
Lawrenceville, Ga.  
470-302-0539  
dwjones895@gmail.com

Note 1: Towne Lake Pkwy is left lane **SPR** (against traffic) from start to Wyngate Pkwy, right lane restricted **SPR** on all other roads, curb to curb **SPR** on the outside drive around school & **SPR** edge to edge on the walkway around ball fields.  
Note 2: All points have green paint with nails & washers except turnaround & mile 3 paint only  
Note 3: Cones or volunteers will be at all turns