



**Road Running Technical Council
USA Track & Field**

Measurement Certificate



Name of the course Capital City Marathon Distance 42.195 km

Location (state) WA (city) Olympia

Type of course: Road Race

Measuring Methods: Bicycle

Measured By Bob Brennand, 4113 Banbridge Loop SE, Olympia, WA 98501, bobbrennand@gmail.com, 360-310-0747

Race Contact Sally Elliott, 5809 Boulevard Ext Rd SE, Olympia, WA 98501, sallyraeann@yahoo.com, 360-790-9349

Date(s) when course measured: 10/13/2024

Number of measurements of entire course: 2 Course Configuration: Point to Point

Elevation (meters above sea level) Start 6.00 Finish 9.00 Lowest 2.50 Highest 50.00

Straight line distance between start and finish 115.0m Drop -0.07 m/km Separation 0.27 %

Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %

Effective date of certification: February 16, 2025 Certification code: WA25005RMB

Note to Race Director: Use this Certification Code in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

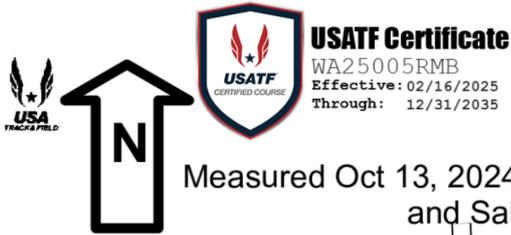
This certification expires on December 31 of the year: **2035**



AS NATIONALLY CERTIFIED BY:

Date: February 16, 2025

Bob Brennand - USATF/RRTC Certifier - 4113 Banbridge Loop SE, Olympia WA 98501
(360) 310-0747 - bobbrennand@gmail.com



USATF Certificate
 WA25005RMB
 Effective: 02/16/2025
 Through: 12/31/2035

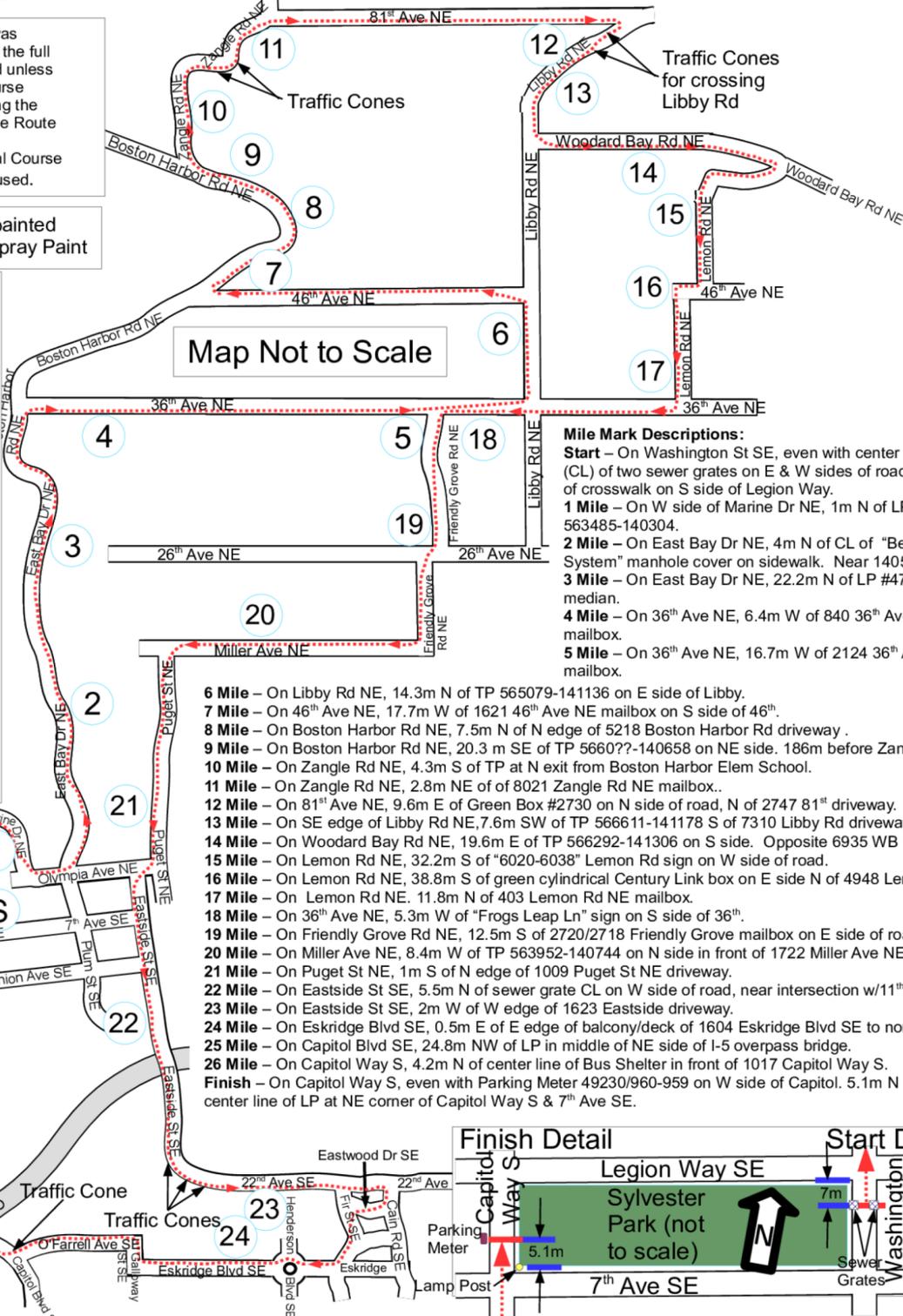
Capital Cities Marathon Olympia, WA

Measured Oct 13, 2024 by Bob Brennand-IAAF-B, bobbrennand@gmail.com
 and Sally Elliott, racedirector@ccmaboard.org

1. This course was measured using the full width of the road unless noted in the Course Restrictions using the Shortest Possible Route (SPR).
 2. 323.527 m Cal Course WA23002RMB used.

Mile Marks painted with Yellow Spray Paint

Course Restrictions:
 1. Runners must stay on **right side of road** in bike paths on entire course **except** for Washington St, Olympia Ave, Libby Rd (both NB and SB), 36th Ave WB, north end of Friendly Grove Rd, Eastwood Dr, Fir St, Capitol Way north of Union Ave intersection and just before and after intersections with turns.



Map Not to Scale

- Mile Mark Descriptions:**
Start – On Washington St SE, even with center line (CL) of two sewer grates on E & W sides of road. 7m S of crosswalk on S side of Legion Way.
1 Mile – On W side of Marine Dr NE, 1m N of LP 563485-140304.
2 Mile – On East Bay Dr NE, 4m N of CL of "Bell System" manhole cover on sidewalk. Near 1405 EB Dr.
3 Mile – On East Bay Dr NE, 22.2m N of LP #47 in median.
4 Mile – On 36th Ave NE, 6.4m W of 840 36th Ave NE mailbox.
5 Mile – On 36th Ave NE, 16.7m W of 2124 36th Ave NE mailbox.

- 6 Mile** – On Libby Rd NE, 14.3m N of TP 565079-141136 on E side of Libby.
7 Mile – On 46th Ave NE, 17.7m W of 1621 46th Ave NE mailbox on S side of 46th.
8 Mile – On Boston Harbor Rd NE, 7.5m N of N edge of 5218 Boston Harbor Rd driveway.
9 Mile – On Boston Harbor Rd NE, 20.3 m SE of TP 5660??-140658 on NE side. 186m before Zangle turn.
10 Mile – On Zangle Rd NE, 4.3m S of TP at N exit from Boston Harbor Elem School.
11 Mile – On Zangle Rd NE, 2.8m NE of 8021 Zangle Rd NE mailbox..
12 Mile – On 81st Ave NE, 9.6m E of Green Box #2730 on N side of road, N of 2747 81st driveway.
13 Mile – On SE edge of Libby Rd NE, 7.6m SW of TP 566611-141178 S of 7310 Libby Rd driveway.
14 Mile – On Woodard Bay Rd NE, 19.6m E of TP 566292-141306 on S side. Opposite 6935 WB Rd.
15 Mile – On Lemon Rd NE, 32.2m S of "6020-6038" Lemon Rd sign on W side of road.
16 Mile – On Lemon Rd NE, 38.8m S of green cylindrical Century Link box on E side N of 4948 Lemon.
17 Mile – On Lemon Rd NE, 11.8m N of 403 Lemon Rd NE mailbox.
18 Mile – On 36th Ave NE, 5.3m W of "Frogs Leap Ln" sign on S side of 36th.
19 Mile – On Friendly Grove Rd NE, 12.5m S of 2720/2718 Friendly Grove mailbox on E side of road.
20 Mile – On Miller Ave NE, 8.4m W of TP 563952-140744 on N side in front of 1722 Miller Ave NE.
21 Mile – On Puget St NE, 1m S of N edge of 1009 Puget St NE driveway.
22 Mile – On Eastside St SE, 5.5m N of sewer grate CL on W side of road, near intersection w/11th Ave.
23 Mile – On Eastside St SE, 2m W of W edge of 1623 Eastside driveway.
24 Mile – On Eskridge Blvd SE, 0.5m E of E edge of balcony/deck of 1604 Eskridge Blvd SE to north.
25 Mile – On Capitol Blvd SE, 24.8m NW of LP in middle of NE side of I-5 overpass bridge.
26 Mile – On Capitol Way S, 4.2m N of center line of Bus Shelter in front of 1017 Capitol Way S.
Finish – On Capitol Way S, even with Parking Meter 49230/960-959 on W side of Capitol. 5.1m N of center line of LP at NE corner of Capitol Way S & 7th Ave SE.

