



Road Running Technical Council
USA Track & Field
Measurement Certificate



Name of the course Grace-in-Motion Run for the Kids 5K Distance 5 km
Location (state) NJ (city) Fort Lee
Type of course: Road Race
Measuring Methods: Bicycle
Measured By Radhames Camilo - 346 STUYVESANT AVENUE - LYNDHURST, NJ 07071 - (201) 657-1599 - rcamilo29@y
Race Contact Grace in Motion c/o Stephanie Ngai - 260 Elm Ave Teaneck, NJ 07666 - 732-216-5665
Date(s) when course measured: 10/06/2019
Number of measurements of entire course: 2 Course Configuration: loop
Elevation (meters above sea level) Start 2.00 Finish 2.00 Lowest 1 Highest 51
Straight line distance between start and finish 0 m Drop 0.00 m/km Separation 0.00 %
Type of surface: Paved 80 % Dirt 20 % Gravel 0 % Grass 0 % Track 0 %
Effective date of certification: November 19, 2019 Certification code: NJ19006JLW

Note to Race Director: Use this Certification Code
in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: **2029**

AS NATIONALLY CERTIFIED BY:

Date: November 20, 2019

Jack Werbler - USATF/RRTC Certifier - 19 Amagansett Drive, Morganville NJ 07751
(908) 692-6686 - jwerb@optonline.net

Grace-in-Motion Run for the Kids 5K Course Map

Fortlee, NJ 07024



USATF Certificate

NJ19006JLW
Effective: 11/19/2019
Through: 12/31/2029

All Directions are Given Relative to the Running Direction.

Start: Aligned with expansion joint on the curb leading into the first entrance of the northern parking lot and also aligned with the center of the tree that is there.

Mile 1: Aligned with the orange stake on Henry Hudson Drive, north of the first traffic circle

Turn Around: Aligned with the small brown support post of southern entrance gate leading into the traffic circle.

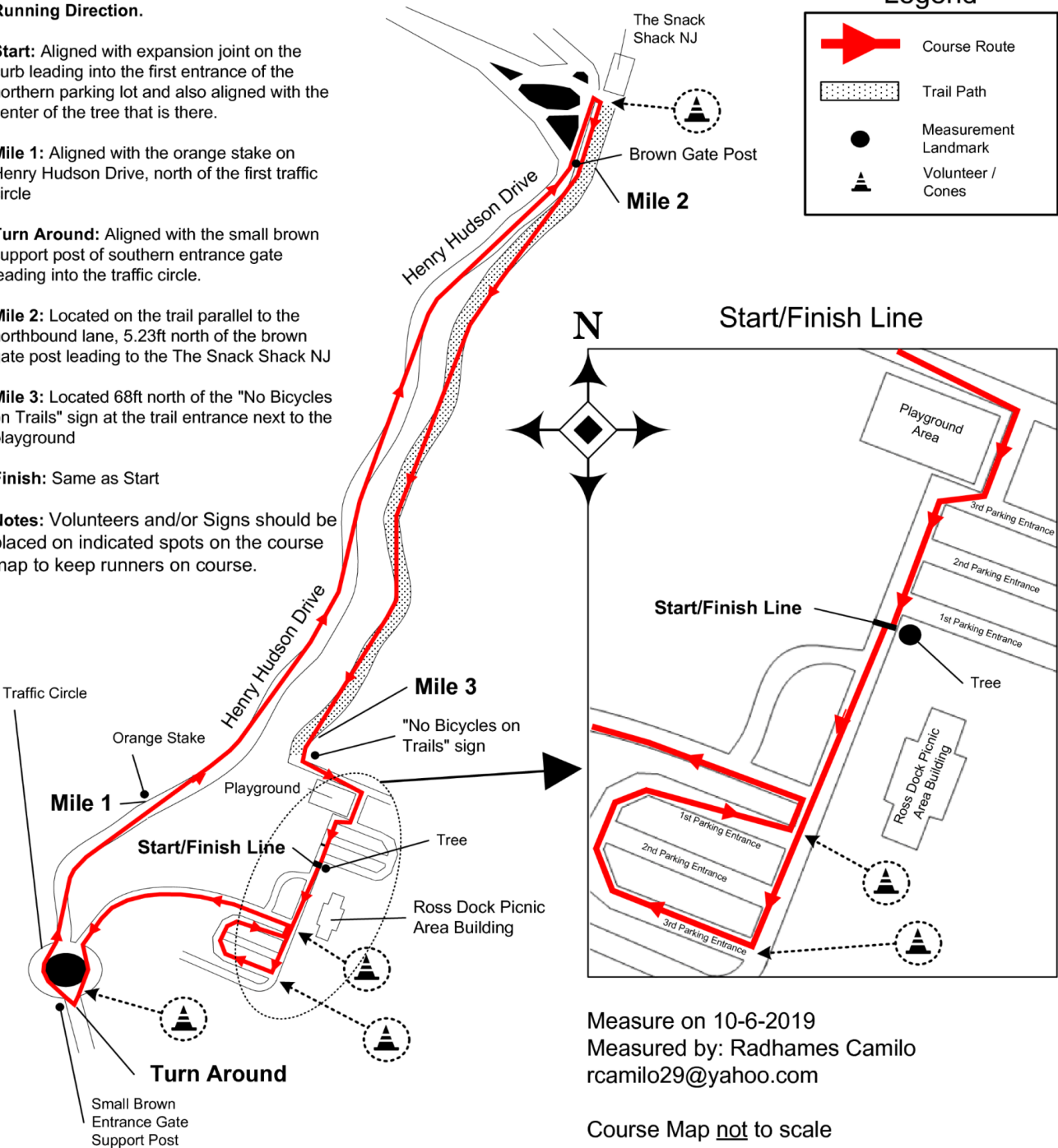
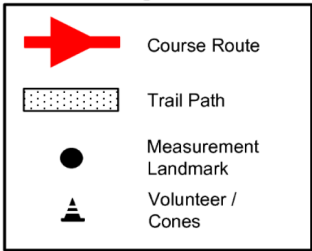
Mile 2: Located on the trail parallel to the northbound lane, 5.23ft north of the brown gate post leading to the The Snack Shack NJ

Mile 3: Located 68ft north of the "No Bicycles on Trails" sign at the trail entrance next to the playground

Finish: Same as Start

Notes: Volunteers and/or Signs should be placed on indicated spots on the course map to keep runners on course.

Legend



Measure on 10-6-2019
Measured by: Radhames Camilo
rcamilo29@yahoo.com

Course Map not to scale

Grace-in-Motion Run for the Kids 5K Course Map

List of Intermediate Splits

- Start:** Aligned with expansion joint on the curb leading into the first entrance of the northern parking lot and also aligned with the center of the tree that is there.
- Mile 1:** Aligned with the orange stake on Henry Hudson Drive, north of the first traffic circle
- Turn Around:** Aligned with the small brown support post of southern entrance gate leading into the traffic circle.
- Mile 2:** Located on the trail parallel to the northbound lane, 5.23ft north of the brown gate post leading to the The Snack Shack NJ
- Mile 3:** Located 68ft north of the "No Bicycles on Trails" sign at the trail entrance next to the playground
- Finish:** Same as Start
- Notes:** Volunteers and/or Signs should be placed on indicated spots on the course map to keep runners on course.