



**Road Running Technical Council
USA Track & Field
Measurement Certificate**



Name of the course FARMINGDALE STATE COLLEGE RAM 5K RUN Distance 5 km
Location (state) NY (city) Farmingdale
Type of course: Road Race
Measuring Methods: Bicycle
Measured By Gary Westerfield - 350 Old Willets Path - Smithtown, NY 11787 - (631) 834-9340 - garywesterfield@verizon.n
Race Contact Michelle Johnson - Alumni Relations, Farmingdale State College, 2350 Broadhollow Rd, Farmingdale, NY 117
Date(s) when course measured: 02/16/2020
Number of measurements of entire course: 2 Course Configuration: keyhole (out/loop/back)
Elevation (meters above sea level) Start 26.52 Finish 26.21 Lowest 26.21 Highest 30.18
Straight line distance between start and finish 0 m Drop 0.06 m/km Separation 0.00 %
Type of surface: Paved 83 % Dirt 0 % Gravel 0 % Grass 2 % Track 15 %
Effective date of certification: February 25, 2020 Certification code: NY20004DNB

Note to Race Director: Use this Certification Code
in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: **2030**

AS NATIONALLY CERTIFIED BY:

Date: February 25, 2020

Diana Bean - USATF/RRTC Certifier - 180 W. Lake Road, Brackney PA 18812
(607) 240-9858 - dbean0120@gmail.com

FARMINGDALE STATE COLLEGE RAM 5K RUN

Farmingdale, New York

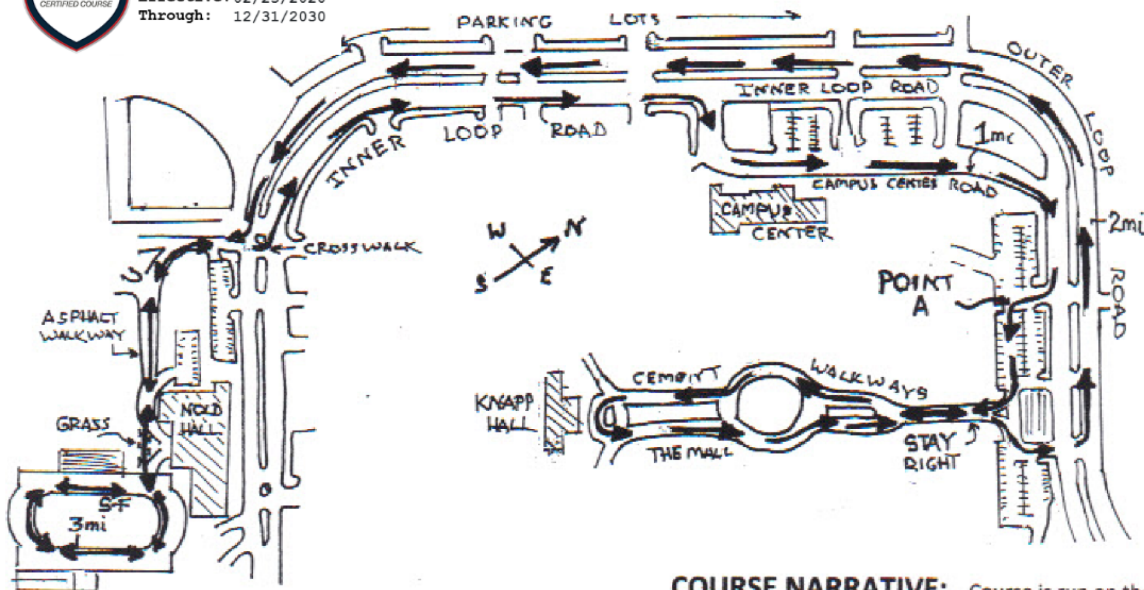


USATF Certificate

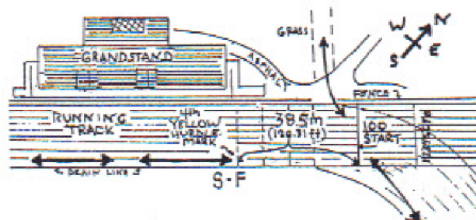
NY20004DNB

Effective: 02/25/2020

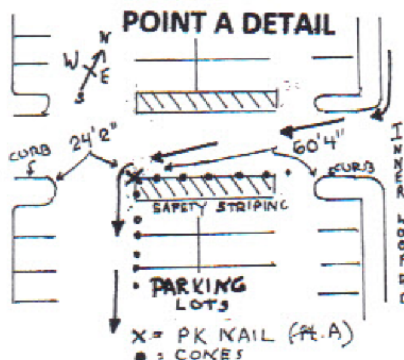
Through: 12/31/2030



START/FINISH DETAIL



POINT A DETAIL



COURSE NARRATIVE: Course is run on the grounds of SUNY Farmingdale, beginning & ending on the college running track, out & back on a pedestrian path, along campus roads & on concrete walkways. Runners have full use of the various surfaces with the Shortest Possible Route, SPR available. **START:** Run SW from the fourth yellow 100m women's hurdle mark, 38.5 meters (126.31 ft) from the 100m start line. **MEASUREMENT ON THE TRACK:** Inside curb was not in place, measured 12" from the inside drain line. **GRASS SURFACE:** NW of the track, cross grass for 174 feet. **CROSSWALK:** Use the crosswalk before turning left onto the Inner Loop Rd. **1 MILE:** Campus Center Rd, after last parking lot on left, 38 ft. before "Stop Ahead" sign. **POINT A:** PK nail is located at NW corner of safety striping in parking Lot to mark turn south. 24'2" SE of curbing to the NW & 60'4" NW of curbing to the SE. Cones placed on safety striping. **CEMENT WALKWAYS:** Runners share the first walkway going SW, staying to the right. Turn left in front of Knapp Hall, & then run back along right walkway. **2 MILES:** On the Outer Loop Road, 10 ft before the "Speed Limit 25" sign on the center median. **3 MILES:** On the running track 4 ft after the horizontal jumping pit to the outside of the track. **FINISH:** Same as START, above, but in reverse direction.

Measured by G. Westerfield 02/16/2020
garywesterfield@verizon.net AIMS B