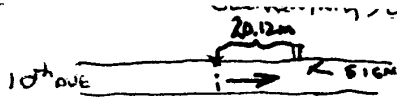


Med-City Marathon 2007 Course Description

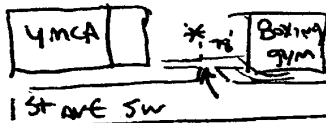
Start on 10th Ave NE, Byron 66' South of Byron Elementary School sign. Proceed N on 10th Ave .9 mile to Somerby Parkway NE. Turn left (E) approx. .7 mile to Somerby Gateway NE. Turn left (S) on Somerby Gateway .1 mile to Somerby on 9th. Go left (E) on Somerby on 9th approx. .3 mile to 10th Ave NE. Turn right (S) on 10th Ave and proceed 1.2 mile to Country Club Road (Cty 34). Take left (E) on Cty 34 approx 7.3 miles to West Frontage Road. Go right (S) .3 mile to 6th ST SW. Take left (E) on 6th ST .2 mile to 15th Ave SW. Go right (S) on 15th approx .5 mile to East Frontage Road. Take East Frontage Road .2 mile to 11th Ave SW. At 11th Ave go onto the bike path and follow it approx .5 miles to 7th Ave SW. Turn left (N) on 7th Ave .2 miles to Memorial Parkway. Go right (E) on Memorial .2 mile and follow the loop around back to 7th Ave. Turn right (N) .1 mile on 7th Ave to 11th ST SW. Go right (E) on 11th Ave .2 mile to George Gibbs Drive. Take a right (E) on George Gibbs Drive .3 mile to 7th ST SW. Right (E) on 7th .1 mile to 2nd Ave. Left on 2nd Ave .1 mile to 6th ST SW. Left (E) on 6th .1 mile to 1st Ave SW. Go right (S) on 1st .2 mile to bike path at end of 1st Ave. Proceed on bike path and follow approx .3 mile over foot bridge. After footbridge take left (N) on trail to Government Center. Take a left over footbridge and turn right on other side. Follow trail approx .2 mile to foot bridge behind Civic Center. Cross over foot bridge and turn right. Go approx .1 mile to 4th ST bridge. Turn right on 4th ST bridge. On other side turn right on bike path. Follow bike path all the way approx 6.5 miles to the end of the Mayowood Trail. Take a left off the trail onto Mayowood Road. Follow Mayowood Road approx .4 miles to the turn around point. Proceed back on Mayowood Road to the Mayowood Trail. Follow Mayowood Trail back to Soldiers Field. At Soldiers Field take a left back over the footbridge and follow path back to 1st Ave. Go south on 1st Ave .2 miles to the finish.

START



66' South of Byron Elementary School sign
ON 10th AVE NE. MARK ON ROAD

FINISH



FINISH IS IN North parking lot of
YMCA 78' West of sidewalk.
MARK ON PAVEMENT.

Turn Around

