Hasbrouck Heights
Board of Health 5K
Hasbrouck Heights, NJ
07604
VSATF Certificate
NJ 130131 MB
Effective 4/2/2013 to 12/31/2013

All Directions are provided relative to the running direction:

Start: Facing South East on Central Ave 118 ft in from the Boulevard. Start lines up within 2 inches South East of the HHBoH back driveway and the parking lot entrance directly across the street exactly 10ft South East of Utility Pole (UP) 60416HBH.

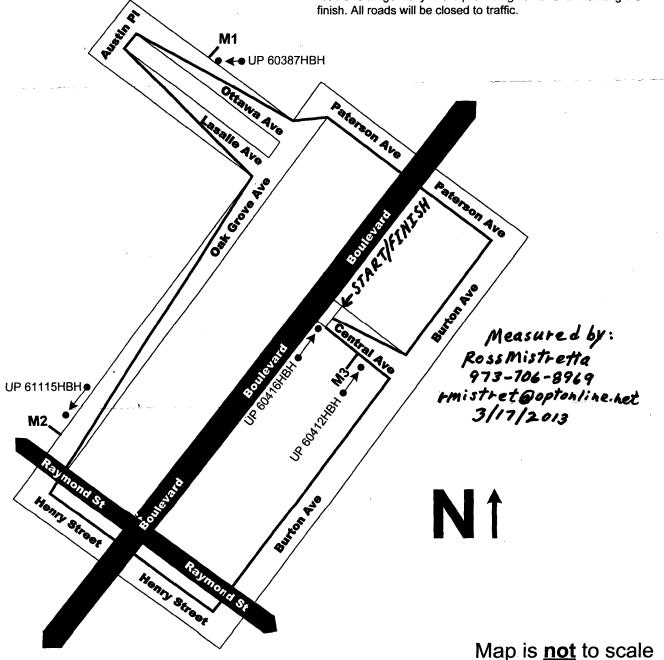
Mile 1: Facing North West on Ottawa Ave 2ft 8in before UP 60387HBH.

Mile 2:Facing South West on Oak Grove Ave 9ft 9 inches before UP 61115HBH. Mile mark is in the middle of drivewayat house #59.

Mile 3: Facing North West on Central Ave 6ft past UP 60412HBH

Finish: Same as the Start

Notes: Runners run counterclockwise (against traffic) through the course once on Burton Ave Road. Course flows along the left side of the road and tangentially to the preceding corner until reaching the finish. All roads will be closed to traffic.





Road Running Technical Council USA Track & Field Measurement Certificate



Name of the cours	se <u>Hasbrou</u>	k Heights B	oard of	Health 51	Distance	5 km	
ocation (state) New Jersey		ersey	(city)	Hasbrouk Heights			
Type of course:	road race 🗵 calib	oration trac	k □	Configuration	n:	Loop	
Type of surface:	paved 100 %	dirt %	gravel	% gra	ass%	track%	ó
Elevation (meters	above sea level) Start	37 m	Finish 37	m High	est 52 m	Lowest 20	m
Straight line distar	nce between start & fin	ish 0 m	<u> </u>	Orop 0	m/km Se	paration 0	%
Measured by (nan	ne, address, phone & e-	mail) Ross M:	istretta,	96 Caro	l Pl, Wayn	e, NJ 07470)
973-706-8969, rmistret@optonline.net							
Race contact (nam 07604, 201	ne, address, phone & e- -370-3826	mail) Tina Do	owd, 70 M	Madison A	ve. Hasbro	uk Heights,	NJ
Measuring Metho	ds: bicycle 🗵 st	eel tape 🔲 el	ectronic dista	nce meter [
Number of measurements of entire course: Date(s) when course measured: 3/17/2013							
Race date: 4/28/2013 Course certification effective date: 4/2/2013							
				Certific	ation code:	NJ13013LMB	i
						his Certification (relating to your ra	
	Be	It Offici	ally No	oted Th	ıat		
in the dards a	on examination of data map attached is hereby dopted by the Road Ru on becomes void, and t	y certified as reas unning Technical (onably accura Council. If <i>an</i>	ate in measur y changes are	ement according	to the stan-	
of USA the Ro	ation of Course — In a Track & Field, a verified Running Technical grecords will be reject	fication remeasure Council. If such	ement may be a remeasurem	required to be ent shows the	e performed by e course to be sl	a member of	
	This certification	ı expires on D	ecember 3	1 in the ye	ar 2023		
	A	S NATIONAL	LLY CERT	TIFIED BY	/ :		
Larry	M. Baldas				Date:	4/9/2013	
Larry M. Baldas	sari, Sr./RRTC Cours	e Certifier Pho	ne: 609-890-	8343			

3448 Nottingham Way, Hamilton Square, NJ 08690 Email: larsurfrun@gmail.com