

Applechase 5K - Revised 2013 "Off Track" **100 Sunset Road, Pompton Plains NJ 07444**

All Directions are provided relative to the running direction:

Start: Facing North on West End Avenue UP 15" 8" from UP40372PK just past the South end entrance to Sanders Place. South End of storm sewer is 2" from the start line.

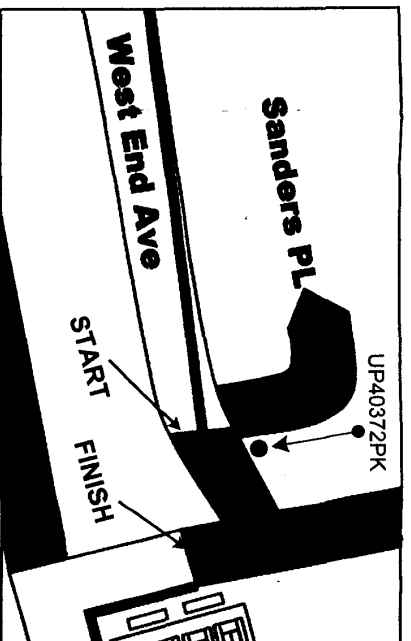
Mile 1: Facing East on Hopper Ave having just left Woodland Ct 4'1" from UP40246PK

Mile 2: Facing South on the Boulevard adjacent Nicholas Rd 27' 8" before UPJC692PK

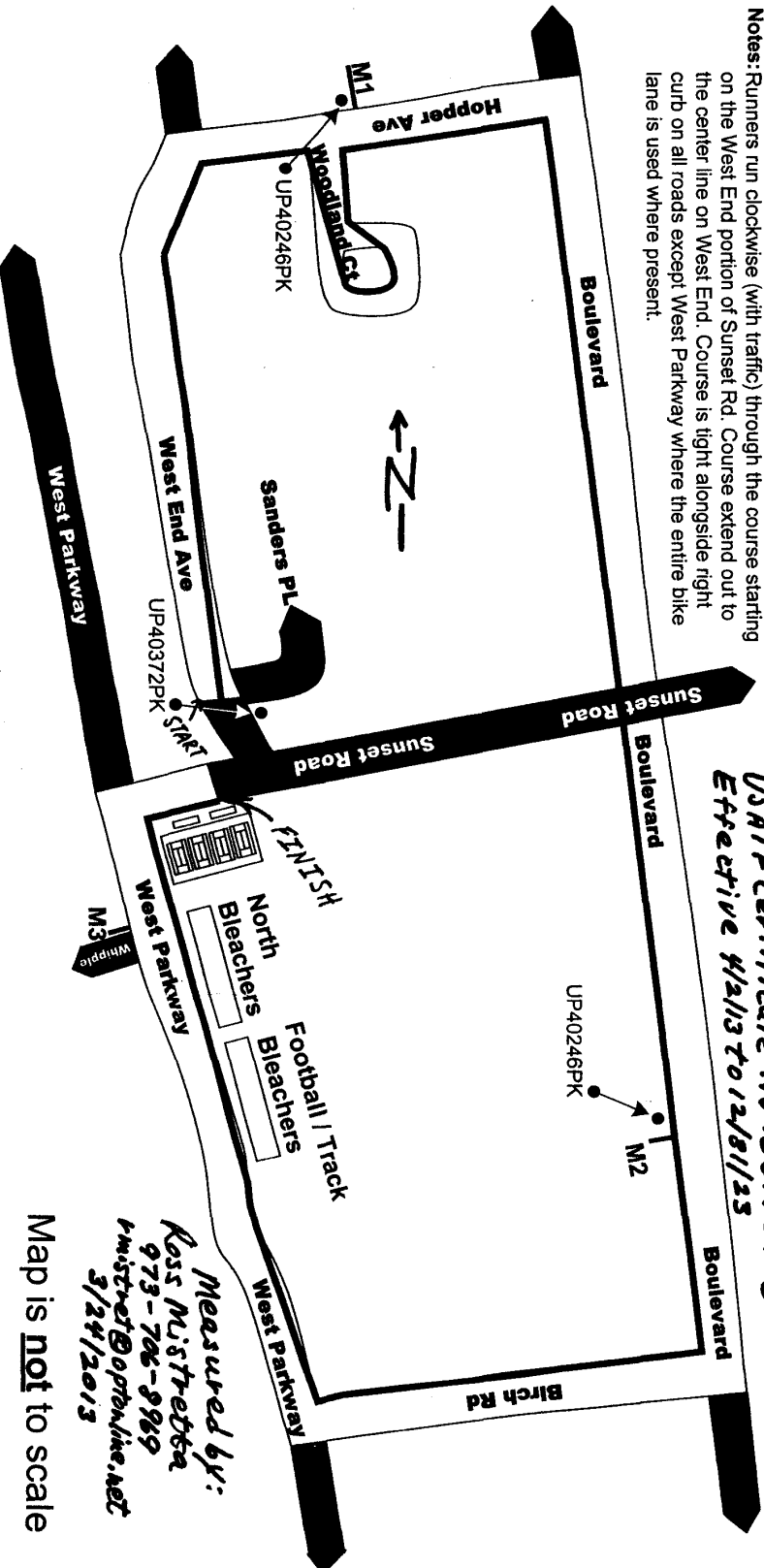
Mile 3: Facing North on West Parkway (WP) in parallel to the 1st and 2nd post adjacent the backside of the North most point of the North most bleachers (between football/track bleachers and tennis courts) on WP perpendicular to the field fence on WP.

Finish: On South Sunset Lane. Inline with the tree that resides between the 4" and 5" pole supporting the tennis court fence starting and including the fence pole closest to the high school.

Notes: Runners run clockwise (with traffic) through the course starting on the West End portion of Sunset Rd. Course extend out to the center line on West End. Course is tight alongside right curb on all roads except West Parkway where the entire bike lane is used where present.



USATF Certificate NJ13014LMB
Effective 4/1/13 to 12/31/13



Measured by:
Kass Niströter
973-706-8969
kwnistr@optonline.net
3/24/2013

Map is not to scale



Road Running Technical Council
USA Track & Field
Measurement Certificate



Name of the course Applechase "Off Track" 5K Distance 5 km
Location (state) New Jersey (city) Pompton Plains
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Partial Loop
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 63 m Finish 61 m Highest 66 m Lowest 61 m
Straight line distance between start & finish 90 m Drop 0.4 m/km Separation 1.8 %
Measured by (name, address, phone & e-mail) Ross Mistretta, 96 Carol Pl, Wayne, NJ 07470
973-706-8969, rmistret@optonline.net
Race contact (name, address, phone & e-mail) Passaic County Runners Club
(same demographic info as measurer)
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 2 Date(s) when course measured: 3/24/2013
Race date: 5/4/2013 Course certification effective date: 4/2/2013
Certification code: NJ13014LMB

Notice to Race Director: Use this Certification Code
in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2023**

AS NATIONALLY CERTIFIED BY:

Larry M. Baldasari Date: 4/9/2013
Larry M. Baldasari, Sr./RRTC Course Certifier Phone: 609-890-8343
3448 Nottingham Way, Hamilton Square, NJ 08690 Email: larsurfrun@gmail.com