USATF Certificate NJ14003LMB Effective 1/9/2014 to 12/31/2024

Upper Saddle River (USR)
Educational Foundation 5K
Upper Saddle River, NJ

Start: South end of Emil A. Cavallini Middle School entranceway on West Saddle River Road just before the Fire Department building/parking lot's North corner.

Finish: At the North most end of Lion's Park even with the south end of the utility building adjacent the north end of the parking lot which connects to the Service Rd then continues to Valley Lane.

Measured: December 29, 2013

Expected Traffic Control Points and Turn-by-Turn Directions are outlined in the Notes below.

All Directions are provided relative to the running direction:

Start: On West Saddle River Road facing South (between the Fire Department (FD) and the South entrance of the Cavallini Elementary School driveway) 29ft. 9in. AFTER Utility Pole (UP) 56483 38682 20085 and 19ft. 4in. BEFORE UP 56487 38687 (FD side of W. Saddle River Rd.)

Mile 1: On East Saddle River Rd. facing North 66ft. 4in. AFTER Utility Pole (UP) 56533 38345 and 55ft. 2in BEFORE UP 56543 38352. Mile mark is across from the North end of 304 E. Saddle River Road's driveway.

Mile 2: On West Saddle River Road facing North 40ft. BEFORE Utility Pole 56478 38618.

Mile 3: On Valley Lane facing South 6ft. 7in. BEFORE Utility Pole 56546 38769 30K located at on the left side of the entrance to the Lion's Park Service road connected to the Valley Lane cul-de-sac directly behind Cavallini School.

Finish: Facing South in line with the south end of the Lion's Field Utility building.

Notes:
Participants will proceed South on West Saddle River Road (left) then East on Lake Street to East Saddle River Road (right) then South to Upper Cross Rd (right) then West to West Saddle River Road (right) traveling through the Lake Street light North past the START LINE and Cavallini Middle School to Sunset Lane (right) East to Valley Lane (right) South to the Lion's Park Service Road and the Finish at the South end of the Lion's Park Utility Building.

The beginning of the course will be initially closed to all traffic. This includes the start on West Saddle River road and Lake Street to East Saddle River Road. The northbound lane on East Saddle River Road will be open to traffic. Upper Cross will be close to traffic in both directions. West Saddle River Road will have the Southbound lane open through to Sunset Lane, Valley Lane and the Service Road which will be completely closed to traffic.

The shortest distance through (ingress/egress) will be taken to the center lines on both West and East Saddle River Road. True tangents will we reflected through all residential sections of the course.

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Measured by:
Ross Mistretta
12/29/2013

ROADWAY CLOSED at START

DETAILED START/FINISH

Road Running Technical Council
USA Track & Field

recognized by

RRCA
ROAD RUNNERS CLUB OF AMERICA

USA TRACK&FIELD™

Measurement Certificate

Name of the course **USR Educational Foundation 5K** Distance **5 km**

Location (state) **New Jersey** (city) **Upper Saddle River (USR)**

Type of course: road race ☒ calibration ☐ track ☐ Configuration: **Keyhole**

Type of surface: paved **100** % dirt ___ % gravel ___ % grass ___ % track ___ %

Elevation (meters above sea level) Start **74 m** Finish **67 m** Highest **101 m** Lowest **54 m**

Straight line distance between start & finish **198 m** Drop **1.4** m/km Separation **3.96** %

Measured by (name, address, phone & e-mail) **Ross Mistretta, 96 Carol Pl, Wayne, NJ 07470**
973-706-8969, rmistret@optonline.net

Race contact (name, address, phone & e-mail) **USR 5K c/o Robin Katz, PO Box 831**
Upper Saddle River, NJ 07458, 845-548-4950

Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐

Number of measurements of entire course: **2** Date(s) when course measured: **12/29/2013**

Race date: **5/17/2014** Course certification effective date: **1/9/2014**

Certification code: **NJ14003LMB**

> Notice to Race Director: Use this Certification Code in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year | **2024** |

AS NATIONALLY CERTIFIED BY:

Date: **1/10/2014**

Larry M. Baldasari, Sr. USATF/RRTC Course Certifier Phone: 609-890-8343
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