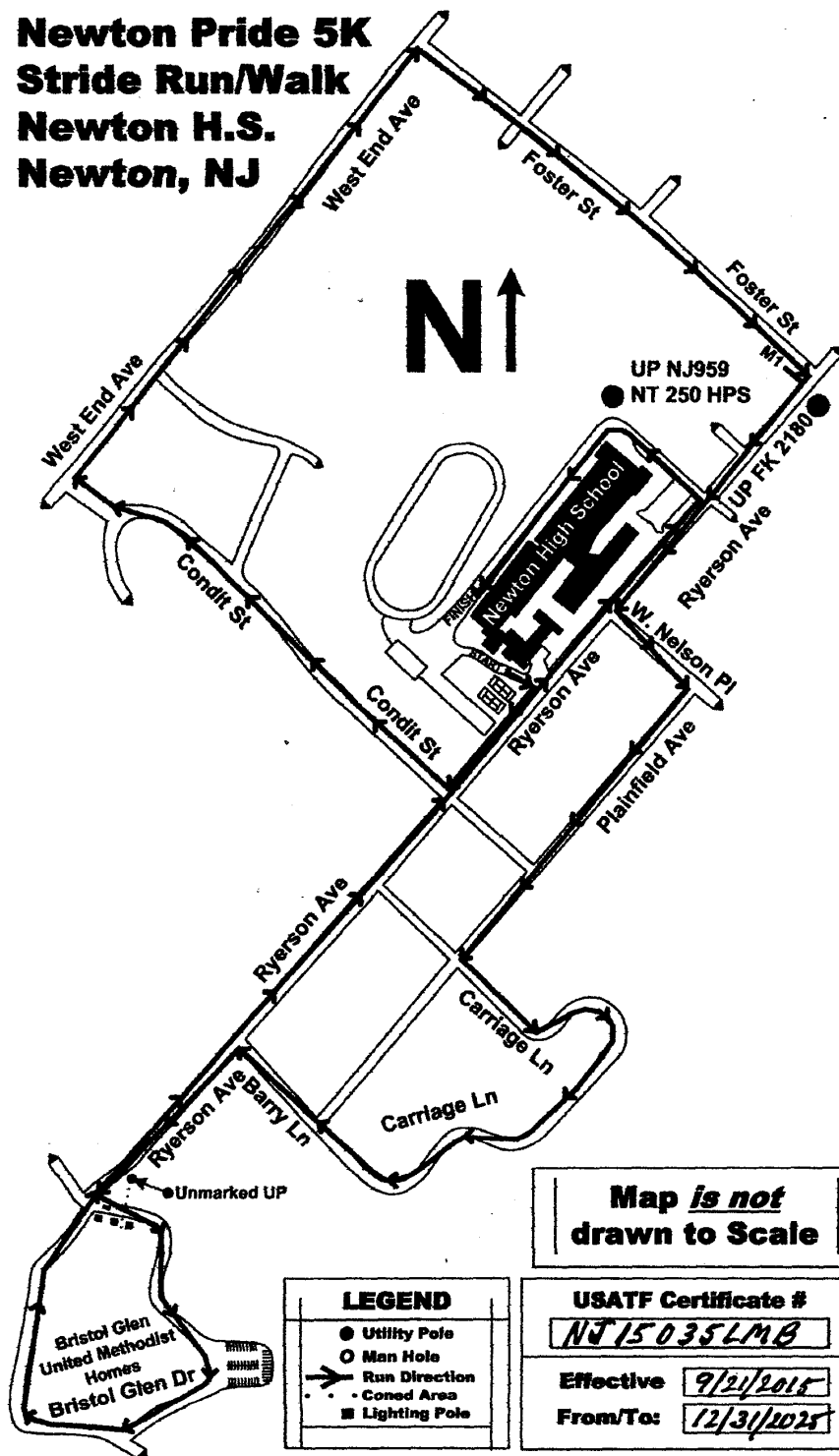
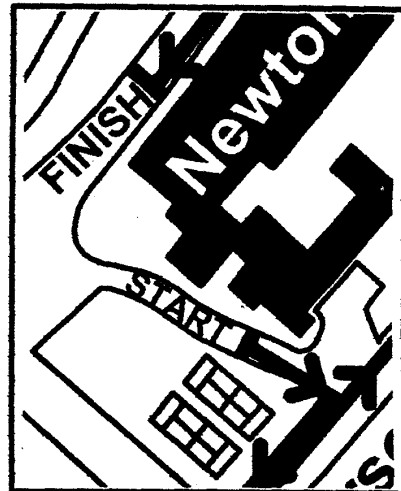


# **Newton Pride 5K Stride Run/Walk Newton H.S. Newton, NJ**



**Turn-by-Turn Directions:** Participants will proceed out of the driveway (adj tennis courts) and make an immediate right on Ryerson Avenue, then the next right onto Condit Street, to the end turning right on West End Avenue followed by a right onto Foster completing the square back onto Ryerson. Participants will then continue with a left onto W. Nelson Place followed by a left onto Plainfield Avenue continuing left onto Carriage Lane which traverses into Barry Lane and reintersecting Ryerson making a left. From Ryerson the participants will travel counter clockwise around the Bristol Glen United Methodist Homes complex back to Ryerson. Once back on Ryerson the participants will continue past the start driveway to the exist driveway at the Northeast end of the school making a left into the school and following the roadway around the back of the school to the finish which is located at the Southwest corner of the school.



## **DETAILED START/FINISH**

All Directions are provided relative to the running direction.

**Start:** On the Southwest driveway between Newton High School (HS) and the 4<sup>th</sup> tennis court fence pole (facing Southeast) across from Newton High School's western end on the entranceway from Ryerson Avenue.

**Mile 1:** On the corner of Foster St and Ryerson Avenue (facing North) 3ft BEFORE Utility Pole NT408 which is across Ryerson in front of the Hiff-Ruggiero Funeral Home.

**Mile 2:** Between the 2nd and 3rd development (private, Bristol Glens UM Homes) lighting poles (facing East) in-line with the distant utility pole across the driveway and the grassy patch of land to the Northeast.

**Mile 3:** On the exit bend of the driveway (facing East) behind Newton High School in line with the second post from the doors and Utility Pole NJ959 NT 250 HPS which is positioned on the Northend of the driveway exit bend.

**Finish:** Finish (facing Southwest) on the driveway behind Newton High School (HS) at the East cement wall's edge in front of the Western most rear HS entrance doorway.

**Special Notes:** At the start the runners will quickly exit Newton High School through the Southwest entrance of the school onto Ryerson Ave.

**Measured: 8-29-2015**

**Measurer:** Ross Mistretta

**Phone:** 917-597-5857

**Email:** mistret@optonline.net



**Road Running Technical Council**  
**USA Track & Field**  
**Measurement Certificate**



Name of the course Newton Pride 5K Stride Run/Walk Distance 5 km  
Location (state) New Jersey (city) Newton  
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Complex of Loops  
Type of surface: paved 100 % dirt        % gravel        % grass        % track        %  
Elevation (meters above sea level) Start 211 m Finish 206 m Highest 244 m Lowest 194 m  
Straight line distance between start & finish 92 m Drop 1 m/km Separation 1.84 %  
Measured by (name, address, phone & e-mail) Ross Mistretta, 96 Carol Place, Wayne, NJ 07470  
973-706-8969, rmistret@optonline.com  
Race contact (name, address, phone & e-mail) Andy Ball, 18 Glenn Rd, Sparta, NJ 07871  
973-222-9748  
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐  
Number of measurements of entire course: 2 Date(s) when course measured: 8/29/2015  
Race date: 10/31/2015 Course certification effective date: 9/21/2015  
Certification code: NJ15035LMB

Notice to Race Director: Use this Certification Code  
in **all** public announcements relating to your race.


***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 in the year*** **2025**

**AS NATIONALLY CERTIFIED BY:**

  
\_\_\_\_\_  
Larry M. Baldasari, Sr. • USATF/RRTC Course Certifier • Phone 609-890-8343  
3448 Nottingham Way, Hamilton Square, NJ 08690 • Email: larsurfrun@gmail.com

Date: 9/30/2015