

Teaneck 5K Run for Education

THE FOLLOWING MARKS ARE DESCRIBED RELATIVE TO THE RUNNING DIRECTION.

Start: Facing Southwest on Palisades Ave at the South end of the Sewer grate at the Northend of the "Y" intersection 8' 3" **BEFORE** UP 60808 (last "8" is slashed).

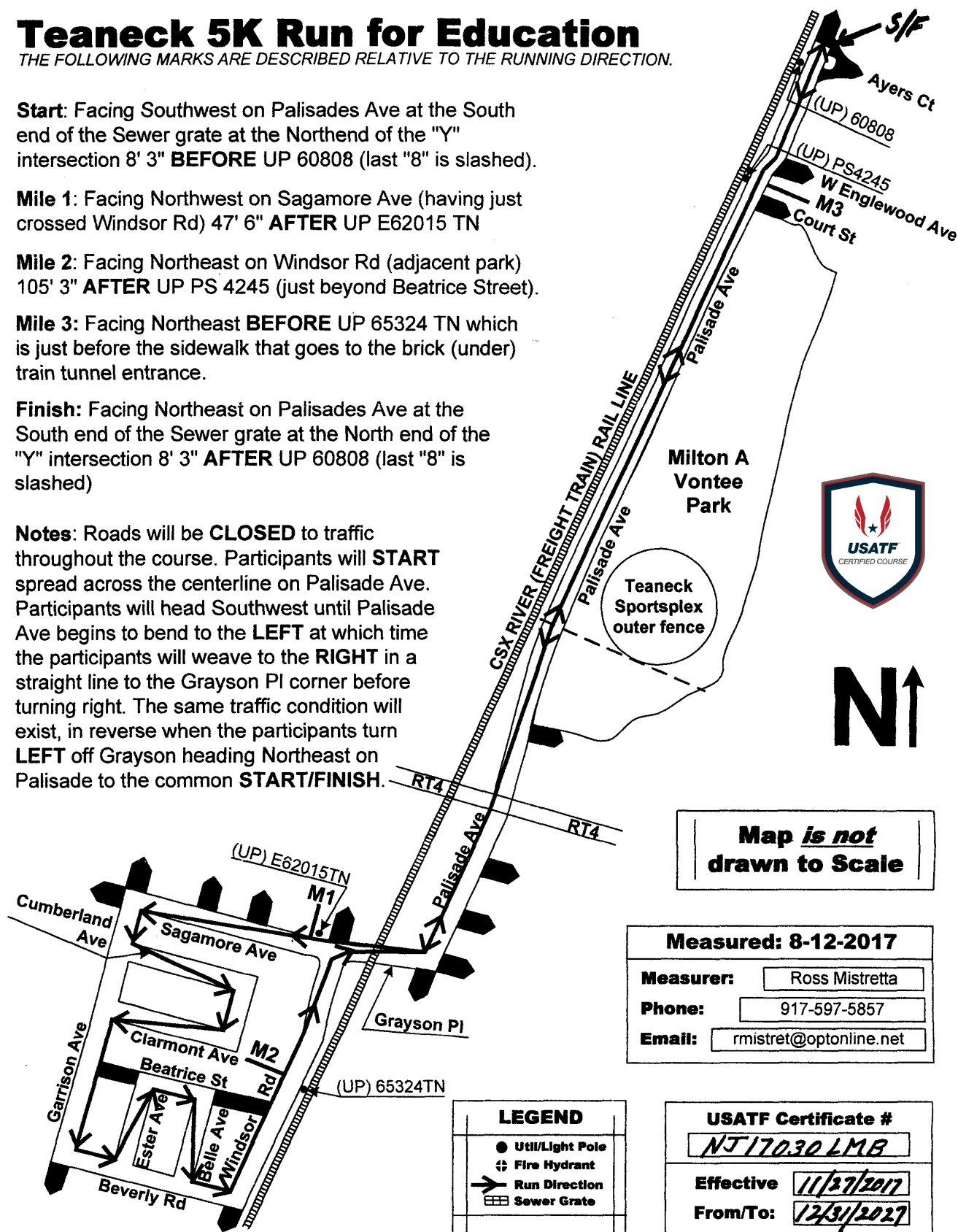
Mile 1: Facing Northwest on Sagamore Ave (having just crossed Windsor Rd) 47' 6" **AFTER** UP E62015 TN

Mile 2: Facing Northeast on Windsor Rd (adjacent park) 105' 3" **AFTER** UP PS 4245 (just beyond Beatrice Street).

Mile 3: Facing Northeast **BEFORE** UP 65324 TN which is just before the sidewalk that goes to the brick (under) train tunnel entrance.

Finish: Facing Northeast on Palisades Ave at the South end of the Sewer grate at the North end of the "Y" intersection 8' 3" **AFTER** UP 60808 (last "8" is slashed)

Notes: Roads will be **CLOSED** to traffic throughout the course. Participants will **START** spread across the centerline on Palisade Ave. Participants will head Southwest until Palisade Ave begins to bend to the **LEFT** at which time the participants will weave to the **RIGHT** in a straight line to the Grayson Pl corner before turning right. The same traffic condition will exist, in reverse when the participants turn **LEFT** off Grayson heading Northeast on Palisade to the common **START/FINISH**.



**Map is not
drawn to Scale**

Measured: 8-12-2017

Measurer: Ross Mistretta

Phone: 917-597-5857

Email: rmistret@optonline.net

LEGEND

- Util/Light Pole
- ⊕ Fire Hydrant
- Run Direction
- ▢ Sewer Grate

USATF Certificate #

NJ170.30 LMB

Effective 11/27/2017

From/To: 12/31/2027



**Road Running Technical Council
USA Track & Field**

Measurement Certificate

recognized by



Name of the course Teaneck 5K Run for Education Distance 5 km
Location (state) New Jersey (city) Teaneck
Type of course: road race ☒ calibration course ☐
Measuring method: bicycle ☒ steel tape ☐ electronic distance meter ☐
Measured by (name, address, phone & e-mail) Ross Mistretta 96 Carol Place Wayne, NJ 07470
973-706-8969 rmistret@optonline.net
Race contact (name, address, phone & e-mail) Edward Ha 589 Tilden Ave Teaneck, NJ 07666
917-284-1249 edhafrance@gmail.com
Date(s) when course measured: November 12, 2017
Number of measurements of entire course: 2 Course Configuration: Keyhole
Elevation (meters above sea level) Start 23.3 m Finish 23.3 m Highest 35.7 m Lowest 23.3 m
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %
Type of surface: paved 100 % dirt % gravel % grass % track %
Effective date of certification: November 27, 2017 Certification code: NJ17030LMB

Notice to Race Director: Use this Certification Code
in **all** public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2027**

AS NATIONALLY CERTIFIED BY:

Larry M. Baldasari Date: November 30, 2017
Larry M. Baldasari, Sr. USATF/RRTC Certifier
3448 Nottingham Way Hamilton Square, NJ 08690 - 609-577-7314 - larsurfrun@gmail.com