

# Glen Rock - Tribute Run 5K

THE FOLLOWING MARKS ARE DESCRIBED RELATIVE TO THE RUNNING DIRECTION.

**Start:** Facing Northeast on Main St 45ft. 3in. **BEFORE** the Southern (leading) edge of the sewer grate adjacent the Wilson St South most corner.

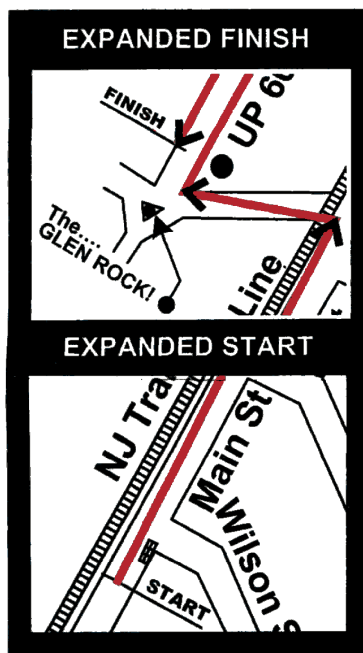
**Mile 1:** Facing Northeast on Doremus Ave **AFTER** the Glen Rock Municipal Pool Complex 2ft. 3in. **AFTER** the Fire Hydrant (opposite side) which is **INLINE** with the driveway of house #293.

**Mile 2:** Facing North on Ackerman Ave 67ft. 7in. **AFTER** Utility Pole (UP) 60068G and **BEFORE** UP GR60474 which is **BEFORE** Norwood Ave. Utility poles on opposite side of the roadway.

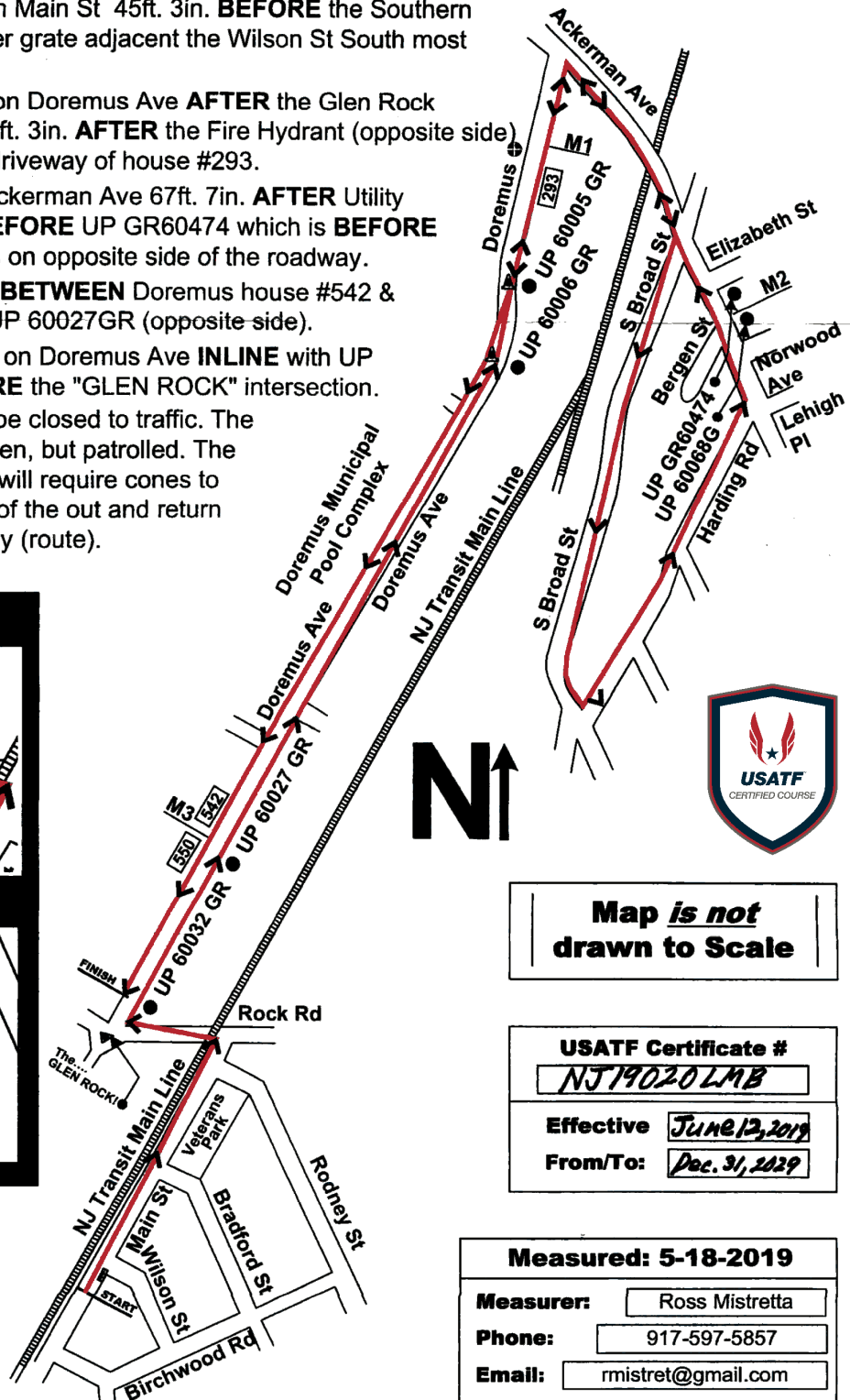
**Mile 3:** Facing Southwest **BETWEEN** Doremus house #542 & #550 11ft. 5in. **BEFORE** UP 60027GR (opposite side).

**Finish:** Facing Southwest on Doremus Ave **INLINE** with UP 60032GR which is **BEFORE** the "GLEN ROCK" intersection.

**Notes:** Doremus Ave will be closed to traffic. The remaining roads will be open, but patrolled. The Northern end of Doremus will require cones to assist with the separation of the out and return elements of the course way (route).



LEGEND	
	Cones
	Light/Util Pole
	Run Direction
	Fire Hydrant
	Sewer grate



**Map is not drawn to Scale**

**USATF Certificate #**

**NJ19020LMB**

**Effective** **June 12, 2019**

**From/To:** **Dec. 31, 2029**

**Measured: 5-18-2019**

**Measurer:** **Ross Mistretta**

**Phone:** **917-597-5857**

**Email:** **rmistret@gmail.com**



**Road Running Technical Council  
USA Track & Field  
Measurement Certificate**



Name of the course Glen Rock - Tribute Run 5K Distance 5 km  
Location (state) New Jersey (city) Glen Rock  
Type of course: road race ☒ calibration course ☐  
Measuring method: bicycle ☒ steel tape ☐ electronic distance meter ☐  
Measured by (name, address, phone & e-mail) Ross Mistretta 96 Carol Place Wayne, NJ 07470  
973-706-8969 rmistret@gmail.com  
Race contact (name, address, phone & e-mail) Aidan Walsh Racefaster PO Box 2114 Cliffside Park, NJ 07010  
201-787-0642 aidan@racefaster.net  
Date(s) when course measured: May 18, 2019  
Number of measurements of entire course: 5 Course Configuration: Keyhole  
Elevation (meters above sea level) Start 29 m Finish 31 m Highest 50 m Lowest 27 m  
Straight line distance between start & finish 348 m Drop -0.4 m/km Separation 6.96 %  
Type of surface: paved 100 % dirt      % gravel      % grass      % track      %  
Effective date of certification: June 12, 2019 Certification code: NJ19020LMB

Notice to Race Director: Use this Certification Code  
in **all** public announcements relating to your race.

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 in the year*** **2029**

***AS NATIONALLY CERTIFIED BY:***

Larry M. Baldasari Date: June 13, 2019  
Larry M. Baldasari, Sr. USATF/RRTC Certifier  
3448 Nottingham Way Hamilton Square, NJ 08690 - 609-577-7314 - larsurfrun@gmail.com