

Running of the Bears 5K

Vestal, NY

Start: Western edge of painted crosswalk in front of Vestal High School entrance. Painted line has nail/washer on each end, 1" from curbs. On north end of painted line, 1 nail/washer is 7'5" east of cut in curb that is west of western edge of crosswalk. Nail on south end lines up with cut in curb that lines up with western edge of crosswalk.

Mile 1: 11'8" west of No Parking Anytime sign in front of 513 Front St.

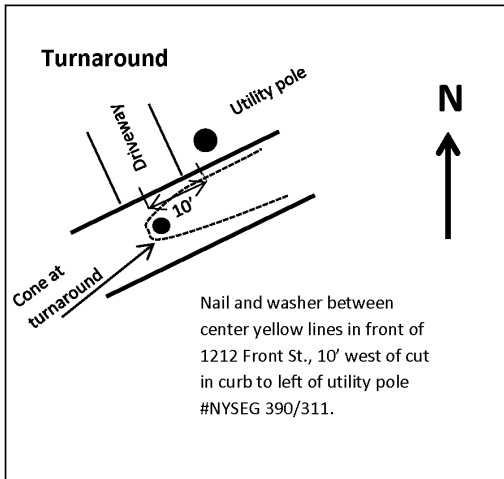
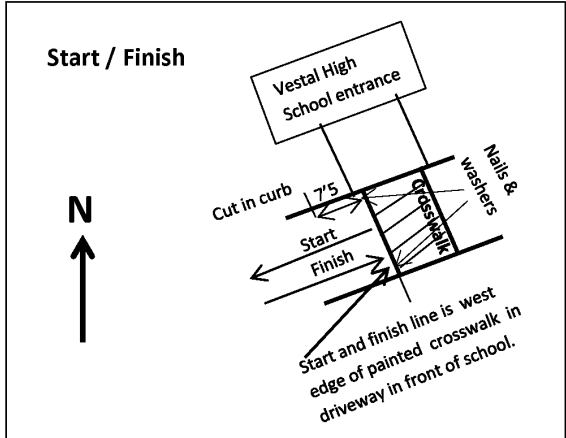
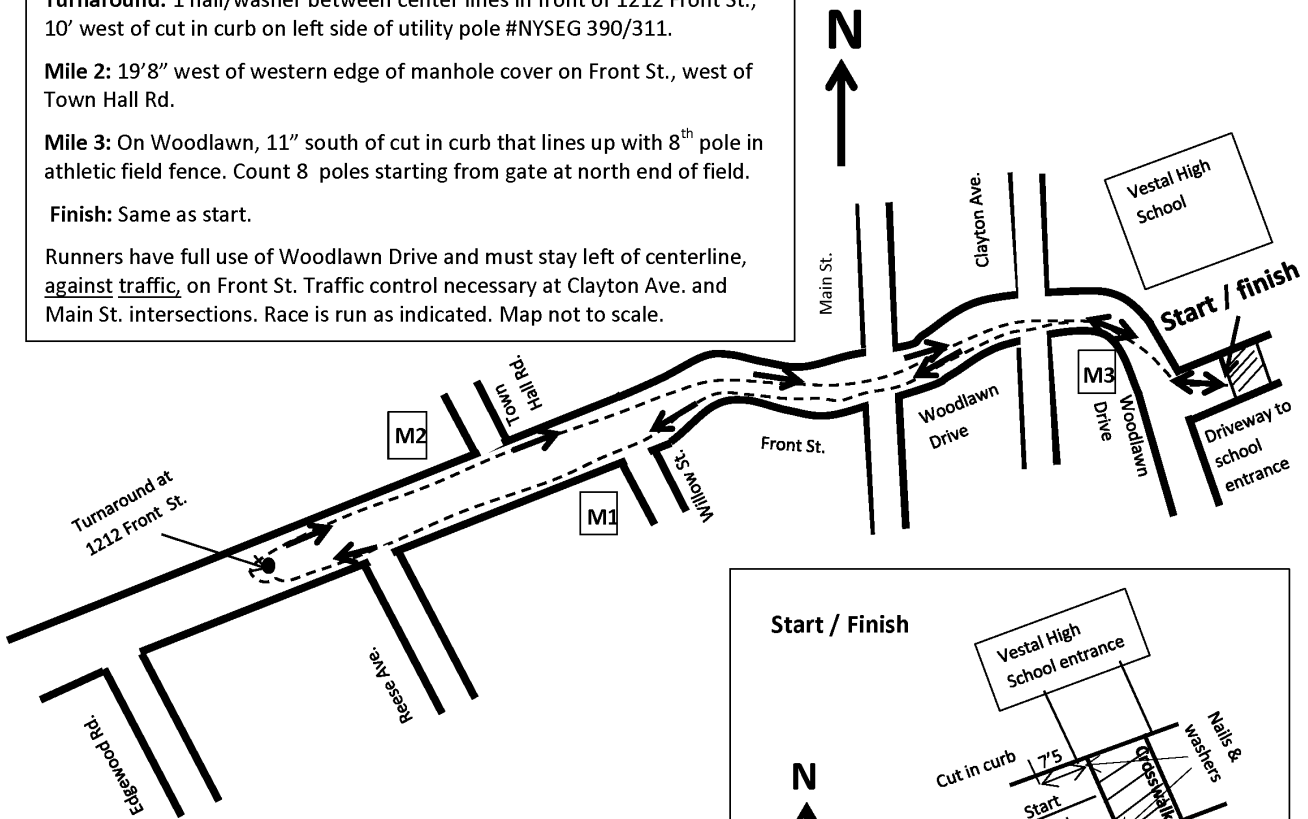
Turnaround: 1 nail/washer between center lines in front of 1212 Front St., 10' west of cut in curb on left side of utility pole #NYSEG 390/311.

Mile 2: 19'8" west of western edge of manhole cover on Front St., west of Town Hall Rd.

Mile 3: On Woodlawn, 11" south of cut in curb that lines up with 8th pole in athletic field fence. Count 8 poles starting from gate at north end of field.

Finish: Same as start.

Runners have full use of Woodlawn Drive and must stay left of centerline, against traffic, on Front St. Traffic control necessary at Clayton Ave. and Main St. intersections. Race is run as indicated. Map not to scale.



Measured by Diana N. Bean
March 15, 2015
dbean0120@gmail.com



USATF Certificate

NY15013JG

Effective: 03/21/2015
through 12/31/2025



**Road Running Technical Council
USA Track & Field
Measurement Certificate**



Name of the course Running of the Bears 5K Distance 5 km
 Location (state) NY (city) Vestal
 Type of course: road race calibration track Configuration: out-and-back
 Type of surface: paved 100 % dirt - % gravel - % grass - % track - %
 Elevation (meters above sea level) Start 264.3 Finish 264.3 Highest 264.3 Lowest 245.7
 Straight line distance between start & finish 0.0 Drop 0.0 m/km Separation 0.0 %
 Measured by (name, address, phone & e-mail) Diana N. Bean, 180 W. Lake Rd. Brackney, PA 18812;
570-663-2714; dbean0120@gmail.com
 Race contact (name, address, phone & e-mail) Susan Darpino, Vestal High School, 205 Woodlawn Drive,
Vestal, NY 13850; 607-760-5509; sjdarpino@vestal.k12.ny.us
 Measuring Methods: bicycle steel tape electronic distance meter
 Number of measurements of entire course: 2 Date(s) when course measured: March 15, 2015
 Race date: March 21, 2015 Course certification effective date: March 21, 2015
 Certification code: NY15013JG

Notice to Race Director: Use this Certification Code in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2025**

AS NATIONALLY CERTIFIED BY:
Digitally signed by James A. Gilmer
 DN: cn=James A. Gilmer, o=NY Regional Certifier, ou,
 email=jim.gilmer@gmail.com, c=US
 Date: 2015.03.22 18:01:59 -04'00'

Date: March 22, 2015

James A. Gilmer, USATF/RRTC Certifier • 232 Van Wies Point Rd., Glenmont, NY 12077-4222
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