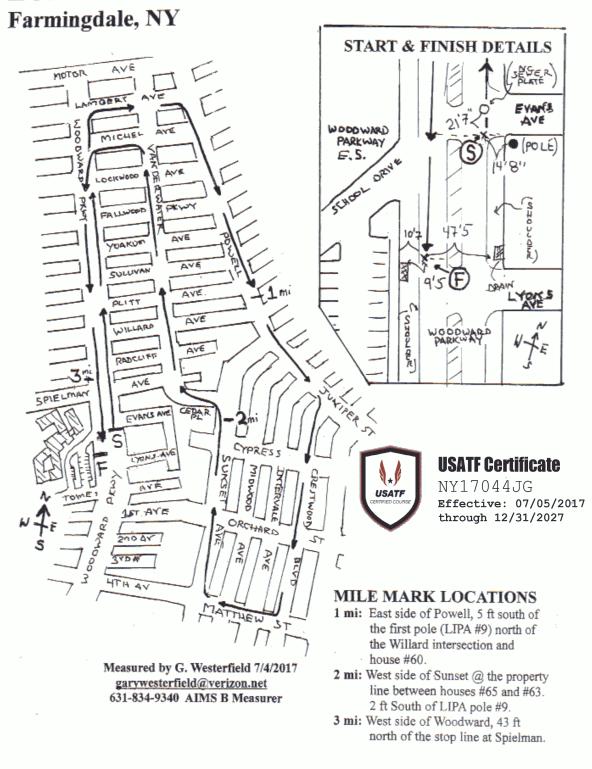
LONG ISLAND 5k WOMEN'S RUN





Road Running Technical Council USA Track & Field Measurement Certificate



Name of the course	Long Island 5K Women's Run		ın	Distance	5 km
Location (state)	NY	NY (city)		Farmingdale	
Type of course: roa	d race 🗵 calibration co	ourse track			
Measuring methods: bicycle ☒ steel tape ☐ electronic distance meter ☐					
Measured by (name, ac	ddress, phone & e-mail) G	ary Westerfield, 3	0 Old Willets F	Path, Smithtown,	NY 11787;
631-834-9340; ga	rywesterfield@verizon.	net			
Race contact (name, ac	ddress, phone & e-mail) M	ike Polansky c/o 0	SLIRC 101 Dur	oont, Suite 24, Pl	ainview NY
11803; 516-349-7646; glirc@aol.com					
	neasured: July 4, 2017				
Number of measurements of entire course:2 Course Configuration:				keyhole	
Elevation (meters above	ve sea level) Start16.4	6 Finish 16.	15 Highest_	18.90 Lowes	t15.85
Straight line distance between start & finish 63 m Drop 0.06 m/km Separation 1.26 %					
Type of surface: pav	ed <u>100</u> % dirt <u>-</u>	% gravel	% grass	% track	%
Effective date of certification: July 5, 2017 Certification code: NY17045JG					
				rector: Use this Cert ouncements relating	
Be It Officially Noted That					
in the map dards adopt	xamination of data provided attached is hereby certified and by the Road Running Tecomes void, and the course	as reasonably accurate the control of the council. If an	te in measurement y changes are made	nt according to the	stan-
of USA Tra the Road R	n of Course — In the event and Event a	emeasurement may be If such a remeasurem	required to be pe ent shows the co	rformed by a memb	er of
	is certification expire		·	2027	
AS NATIONALLY CERTIFIED BY: Digitally signed by James A. Gilmer DN: cn=James A. Gilmer, o=NY Regional Certifier, ou, email=jim.gilmer@gmail.com, c=US Date: 2017.07.05 14:58:56 -04'00' Date: July 5, 2017					
				July 5, 2	2017
James A. Gilmer, U	SATF/RRTC Certifier • 2:	32 Van Wies Point	Rd., Glenmont, N	NY 12077-4222	

Phone: 518-852-3562 • Email: jim.gilmer@gmail.com