



3.03k Turn: On 96th St Pedestrian Bridge, 13.2 m west of the jersey wall on the south side of the east end of the bridge

2) Crosses Aquarium Dr and takes short gravel path to connect with the Aquarium Trail
1) Cuts through south end of Waterfront Grill Parking lot



Road Running Technical Council
USA Track & Field
Measurement Certificate



Name of course: Heart and Sole Aquarium Trail 5K Distance: 5 km
Location : (state) Oklahoma (city) Jenks
Type of course : road race ☒ calibration course ☐ track ☐
Measuring methods : bicycle ☒ steel tape ☐ electronic distance meter ☐
Measured by (name, address, phone & e-mail) Martin Updike 321 Langton Rd., Ft. Gibson, OK 74434
918-577-1556 martin@i40raceservice.com
Race Contact (name, address, phone & email) Carolyn Masterson 1717 S Boulder, Suite 600, Tulsa, OK 74119
918-513-9114 cmasterson@select-engineering.com
Date(s) when course measured: Sep. 06, 2016
Number of measurements of entire course: 2 Course Configuration: several out/back sections
Elevation (meters above sea level) Start 195 m Finish 195 m Highest 205 m Lowest 191 m
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0.0%
Type of Surface: Paved 99% Dirt 0% Gravel 1% Grass 0% Track 0%
Effective date of certification: Oct. 14, 2016 Certification code: OK16044DG

Notice to Race Director: Use this Certification code
in *all* public announcements relating to your race

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year

2026

AS NATIONALLY CERTIFIED BY

Don Garrett

Date : Oct. 26, 2016