

UCP-LIFE W/O LIMITS 5K

Florence, Alabama

Measured by Jon Elmore June 6, 2009

Calibration course AL08021JD

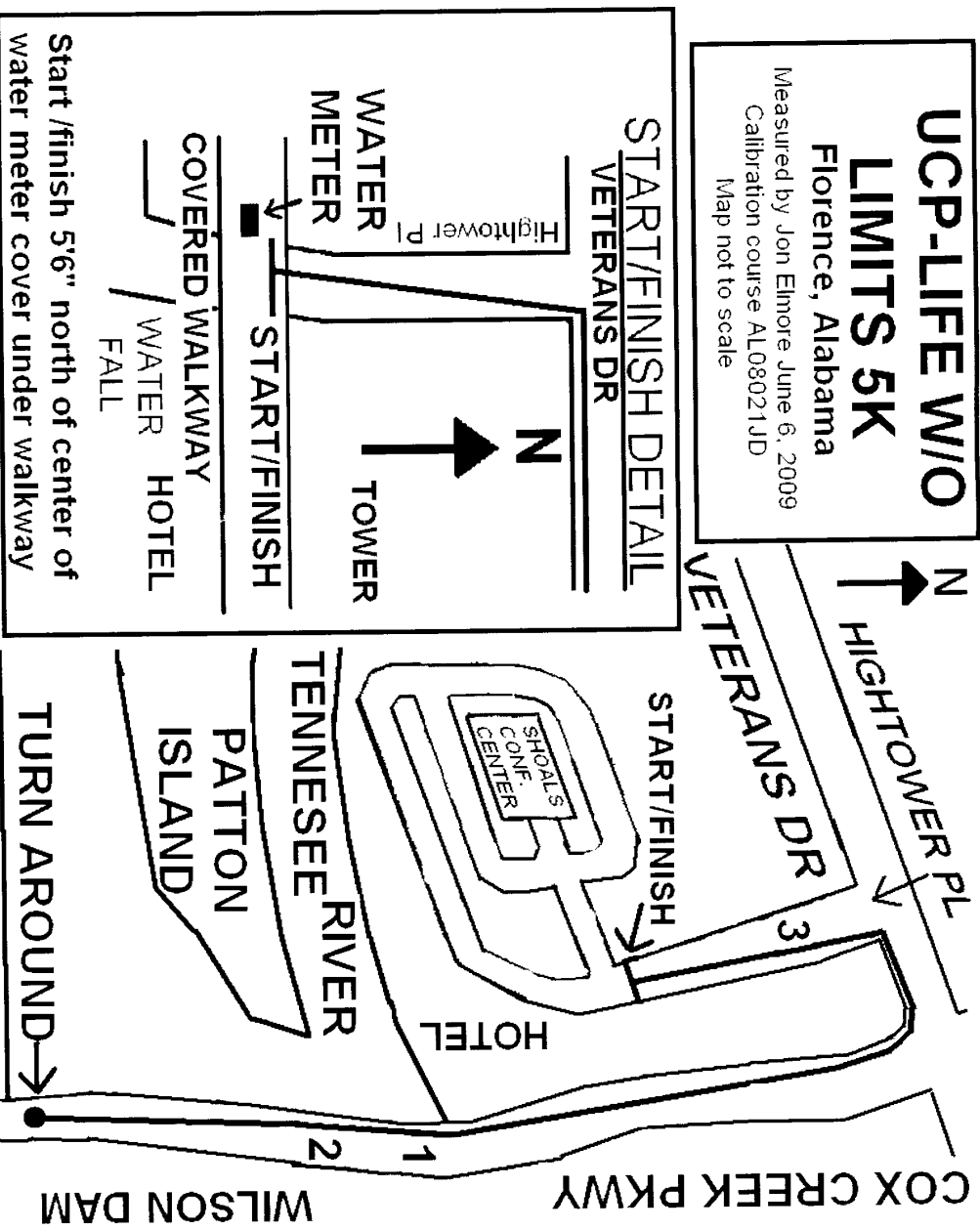
Map not to scale

1 mile- 48'2" north of pole # 43 on Wilson Dam

TURN AROUND- 69'3" north of pole #23 on Wilson Dam

2 mile- 31'6" north of pole #39 on Wilson Dam

3 mile- @ light pole #612 on Hightower Pl



AL09020JD

Effective 08-18-2009 to 12-31-2019



Road Running Technical Council
USA Track & Field
Measurement Certificate

recognized by



Name of the course UCP Life Without Limits 5K Distance 5 km
Location (state) Alabama (city) Florence
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Outback
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (feet above sea level) Start 551 Finish 551 Highest 615 Lowest 400
Straight line distance between start & finish 0 ft Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Jon Elmore, 3428 Tanglewood Drive, SW
Decatur, Alabama 35603, 256-351-7426, jklca5@charter.net
Race contact (name, address & phone) Julie Cochran, 507 North Hook Street
Tuscumbia, Alabama 35674, 256-320-3331
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 2 Date(s) when course measured: 06-06-09
Race date: October Course certification effective date: 08-18-09
Replaces: (if applicable) Certification code: AL09020JD

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year

2019

AS NATIONALLY CERTIFIED BY:

John J DeHaye
John J DeHaye – USATF/RRTC National Certifier

Date: 09-05-2009

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