

The Runners Care 5K

St. Augustine Beach, FL

Map is not to scale. Points are marked with yellow paint and nails in the road.

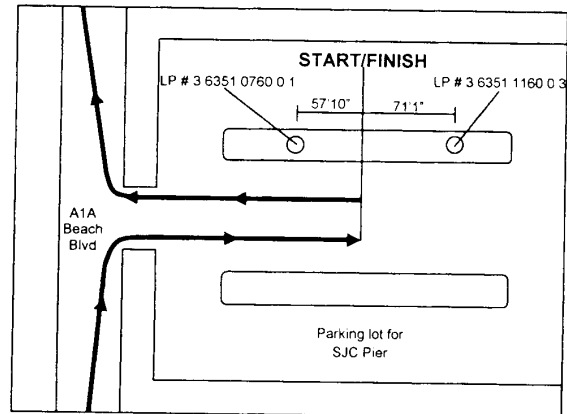
List of Measured Points

Start/Finish – In the parking lot for the St. Johns County Pier, 57 feet 10 inches east of light pole # 3 6351 0760 0 1 and 71 feet 1 inch west of light pole # 3 6351 1160 0 3.

Mile 1 – On Oak Rd., directly in line with power pole # 3 6251 4865 0 3.

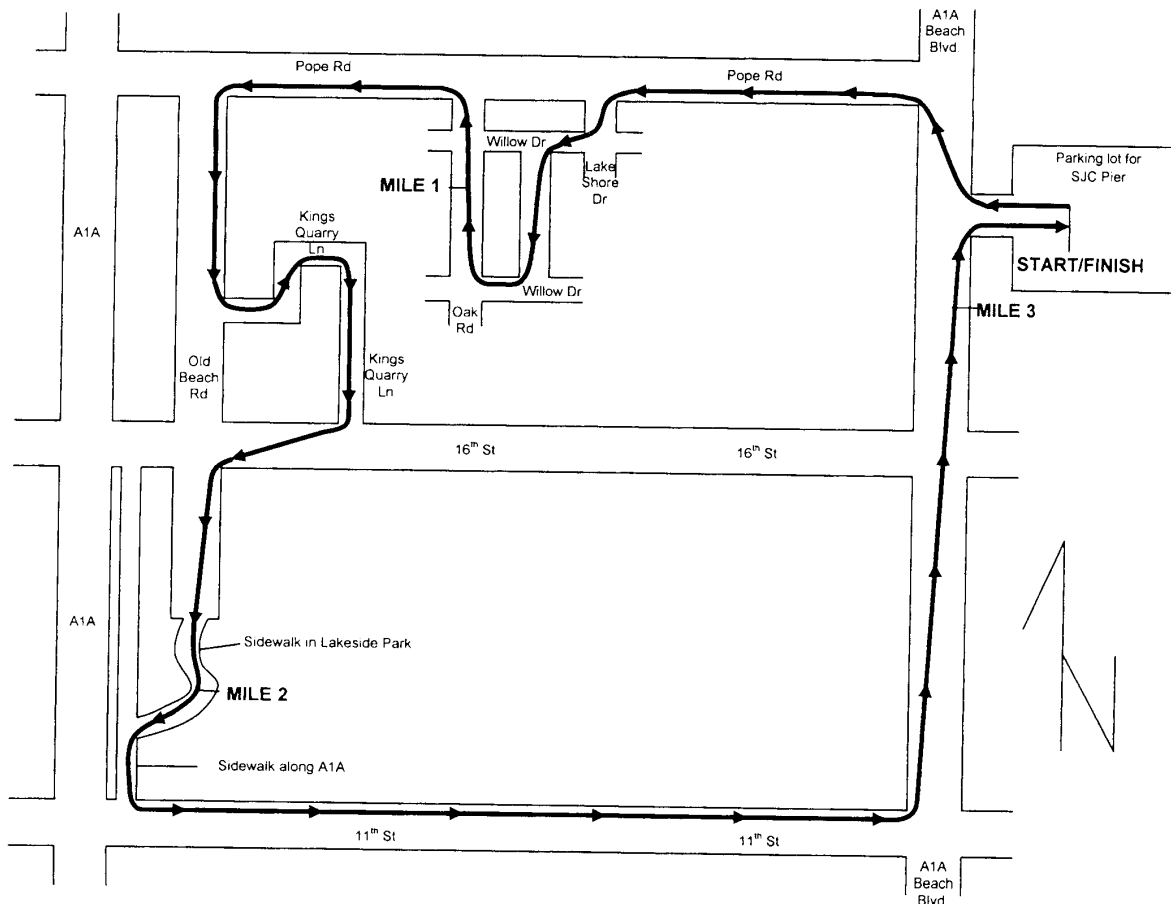
Mile 2 – On the sidewalk in Lakeside Park, 124 feet 9 inches south of the "Veterans Memorial" monument.

Mile 3 – On A1A Beach Blvd., 13 feet 1 inches north of the southern edge of the building at 380 A1A Beach Blvd.



Measured By
Jacob Smith
Jacob@RaceSmith.com

FL1003/EBM
Effective 3/13/2010
to 12/31/2020





Road Running Technical Council
USA Track & Field
Measurement Certificate



Name of the course The Runners Care 5k Distance 5,000 meters
Location (state) Florida (city) St. Augustine Beach
Type of course: road race ☒ calibration ☐ track ☐ Configuration: One Loop
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 2.4m Finish 2.4m Highest 5.79m Lowest 1.2m
Straight line distance between start & finish 0 Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Jacob Smith, 114 Oak Lane, East Palatka,
Florida 32131 386-747-3532 jacob@racesmith.com
Race contact (name, address & phone) Ryan Vander Weilen, 87 Kings Ferry Way,
St. Augustine, Fl. 32084 727-741-4775
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 2 Date(s) when course measured: 3/12/10
Race date: 5/1/10 Course certification effective date: 3/13/10
Replaces: N/A (if applicable) Certification code: FL10031EBM

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2020**

AS NATIONALLY CERTIFIED BY:

Everett McDowell

Date: 3/18/10

Everett McDowell – USATF/RRTC National Certifier

1256 Stony Brook Lane, Dunedin, Fl. 34698 727-644-7608 emcdowell5@tampabay.rr.com

FL10031EBM