

**Komen Suncoast Polk Race for the Cure 5K**  
Lakeland, FL

**List of Measured Points**

Map is not to scale.  
Cones are placed on the centerline of the road.  
Points marked with yellow paint and nails on pavement.

**Start** – In the parking lot of Joker Marchant Stadium, just to the southeast of the "1<sup>st</sup> Base Gate", 85 feet 6 inches east of light pole # 60 111 05 00. 12 feet 4 inches east of concrete walk and 72 feet 7 inches west of concrete walk.

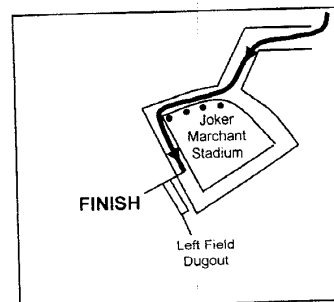
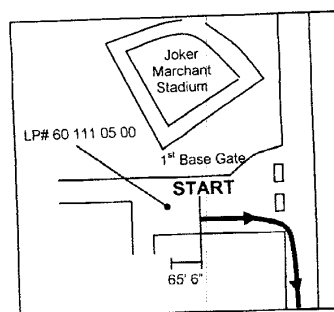
**Mile 1** – On St. James Ave., 8 feet 8 inches south of power pole # LE 150504

**Mile 2** – On Lake Parker Dr., 19 feet 1 inches west of power pole # LE 150510

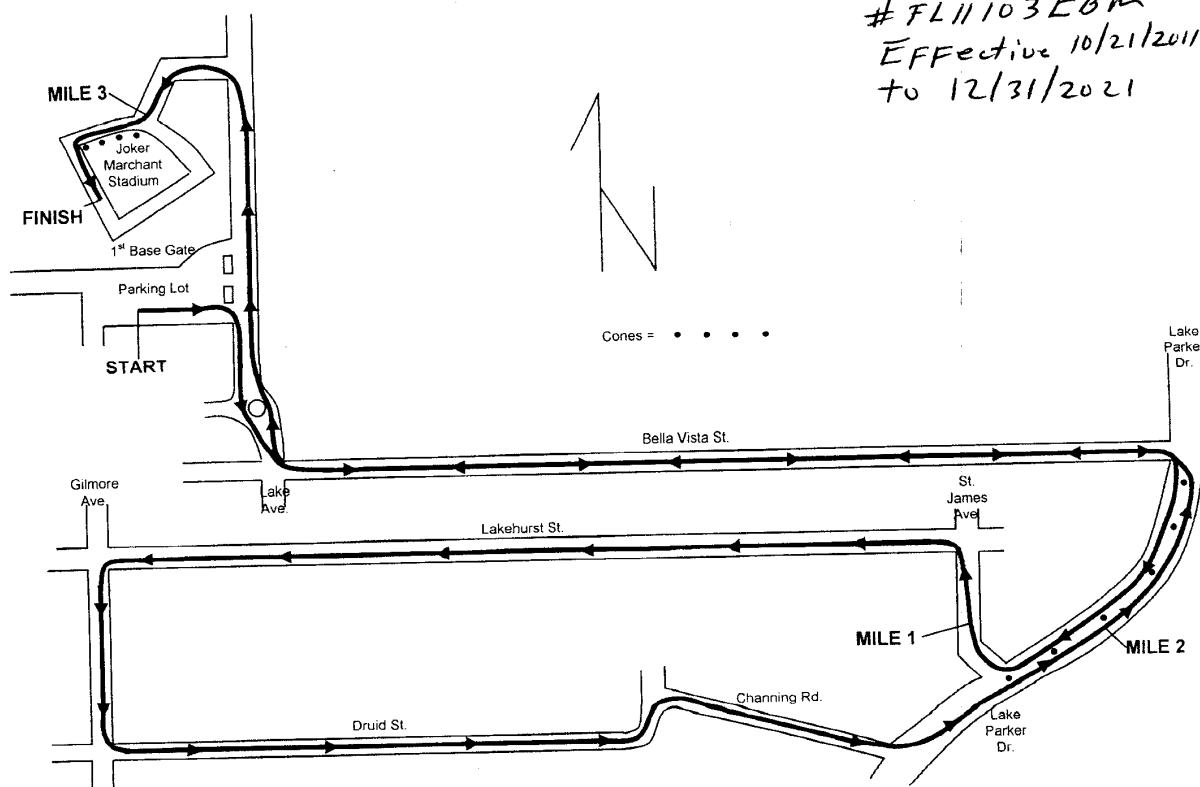
**Mile 3** – Inside Joker Marchant Stadium, even with the west edge of the access gate in center field, 11 feet east of the "420" sign.

**Finish** – Inside Joker Marchant Stadium, on warning track dirt, on the left hand foul line, even with the north side of the left field dugout.

Measured by:  
Jacob Smith  
Jacob@RaceSmith.com



#FL11103EBM  
Effective 10/21/2011  
to 12/31/2021





Road Running Technical Council  
USA Track & Field  
**Measurement Certificate**



Name of the course Komen Suncoast Polk Race for Cure 5k Distance 5km  
Location (state) Florida (city) Lakeland  
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Keyhole  
Type of surface: paved 96 % dirt 4 % gravel          % grass          % track          %  
Elevation (meters above sea level) Start 48.76m Finish 49.07m Highest 53.34mm Lowest 39.62m  
Straight line distance between start & finish 143.86m Drop -0.16 m/km Separation 2.87 %  
Measured by (name, address, phone & e-mail) Jacob Smith, 114 Oak Lane, East Palatka, Fl.  
32131 386-747-3532 Jacob@RaceSmith.com  
Race contact (name, address & phone) Susan Daniels, 1200 7th Avenue North,  
St. Petersburg, Fl. 33705 727-820-7790  
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐  
Number of measurements of entire course: 2 Date(s) when course measured: 9/20/2011  
Race date: 1/14/2012 Course certification effective date: 10/21/2011  
Replaces: N/A (if applicable) Certification code: FL11103EBM

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

**Be It Officially Noted That**

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2021

AS NATIONALLY CERTIFIED BY:

Everett McDowell

Date: 10/24/2011

Everett McDowell – USATF/RRTC National Certifier

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