

3 Mile: Approx. 200 ft. west of Seneca. 33 ft. east of 10110 mail box. 27 ft. east of center of driveway across the street.

4 Mile: 27 ft. south of 6709 mail box. 18 ft. south of center of 6709 driveway.

5 Mile: Heading south on Allview. 357 ft. north of Carlinda/Allview street sign. Even with the south side of 2831 driveway. 6 ft. sought of orange fire hydrant.

6 Mile: Heading north on Allview. 153 ft. north of the Carlinda/Allview street sign. 35 ft. south of 6537 mailbox. Even with yellow and red stop sign.

7 Mile: Heading west on High Bench. 18 ft. west of Martin Rd./High Bench sign. Even with STOP sign.

8 Mile: Heading east on Quarterstaff Rd. 10 ft. east of Freetown Raod.

9 Mile: Heading north on Bright Plume. 33 ft. north of center of 6268 driveway. 33 ft. south of yellow ped-x sign.

Finish: Heading north on the east side of the Athletic and Fitness Building. 21 ft. north of sidewalk perpendicular to road. Even with "NO Outlet" sign on one side of road and yellow ped-x sign on the other. Even with last white parking lot stripe.

Alternate start: Heading south on Campus Drive. 220 ft. north of Lot G sign. 60 ft. north of center of loading dock road. 9 ft. north of north end of storm drain on east side of road. 6 ft. north of street lamp post on west side of street.

Measured to USATF certification standards by J. Sissala on 2/17/2010.



Road Running Technical Council USA Track & Field Measurement Certificate



Name of the course	MD/DC RRCA 1	0-Mile Cha	llenge	Distance	10 Mi	les
Location (state)	Maryland (c)Colum		oia	
	d race 🛛 calibration 🗌					
Type of surface: pav	red 100 % dirt	_ % gravel	% grass	%	track	%
Elevation (feet above	ve sea level) Start 445	Finish4	Highest	445	Lowest	280
Straight line distance between start & finish 250 meters Drop 0 m/km Separation 1.5						
Measured by (name, address, phone & e-mail) John Sissala, 120 Evans Street,						
Rockville, MD 20850 (301) 340-8107 email: sissala@verizon.net						
Race contact (name, address & phone) Richard Bernstein, HSC, PO Box 563,						
Columbia, MD 21045 email: Richard.Bernstein@jhuapl.edu						
Measuring Methods: bicycle ⊠ steel tape ☐ electronic distance meter ☐						
Number of measurements of entire course: 2 Date(s) when course measured: 2/17/2010						
Race date:	2/27/2010 Cour	se certification e	ffective date:	2/1	7/2010	
Replaces:	(if applicable	e)	Certification	on code:	MD10004	JS
Notice to Race Director Use this Certification Code in <i>all</i> publ announcements relating to your race.						
Be It Officially Noted That						
Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If <i>any</i> changes are made to the course, this certification becomes void, and the course must then be recertified.						
Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.						
Th	nis certification expires o	on December	31 in the year	20 2. 0		,. (
AS NATIONALLY CERTIFIED BY:						
John E	. Sissala			Date:	3/3/20:	
	SATF/RRTC National Certifiville, MD 20850 (301)340-8	er				