



Road Running Technical Council USA Track & Field Measurement Certificate



Name of the course	The	Bench 5K		Distance	5 km
Location (state)					
Type of course: road race ⊠					
Type of surface: paved 100					
Elevation (feet above sea level					
Straight line distance between sta					
Measured by (name, address, pho					
Smithtown, NY 11787					
Race contact (name, address & pl	none) Ray McK	enna; raymo	ond.mckenna	@stonybro	ok.edu
[no address or phone					
Measuring Methods: bicycle	steel tape	electronic di	stance meter		
Number of measurements of enti				April	15, 2011
Race date: May 7, 2					
Replaces: n/a					
•				Notice to Use this Certific	o Race Director ation Code in <i>all</i> public s relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2021

AS NATIONALLY CERTIFIED BY:

Digitally signed by James Gilmer
DN: cn=James Gilmer, o, ou, email=jim.gilmer@gmail.com, c=US
Date: 2011.05.06 18:18:30 -04'00'

May 6, 2011

James A. Gilmer, USATF/RRTC Regional Certifier, New York 232 Van Wies Point Rd., Glenmont, NY 12077-4222 • 518-427-9374 • jim.gilmer@gmail.com