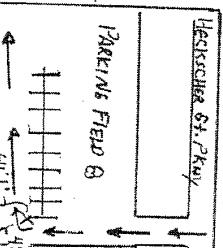
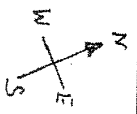
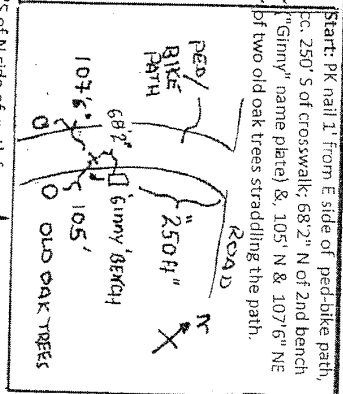


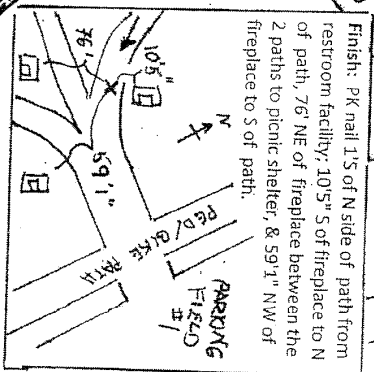
Redman 5K Heckscher State Park East Islip, NY



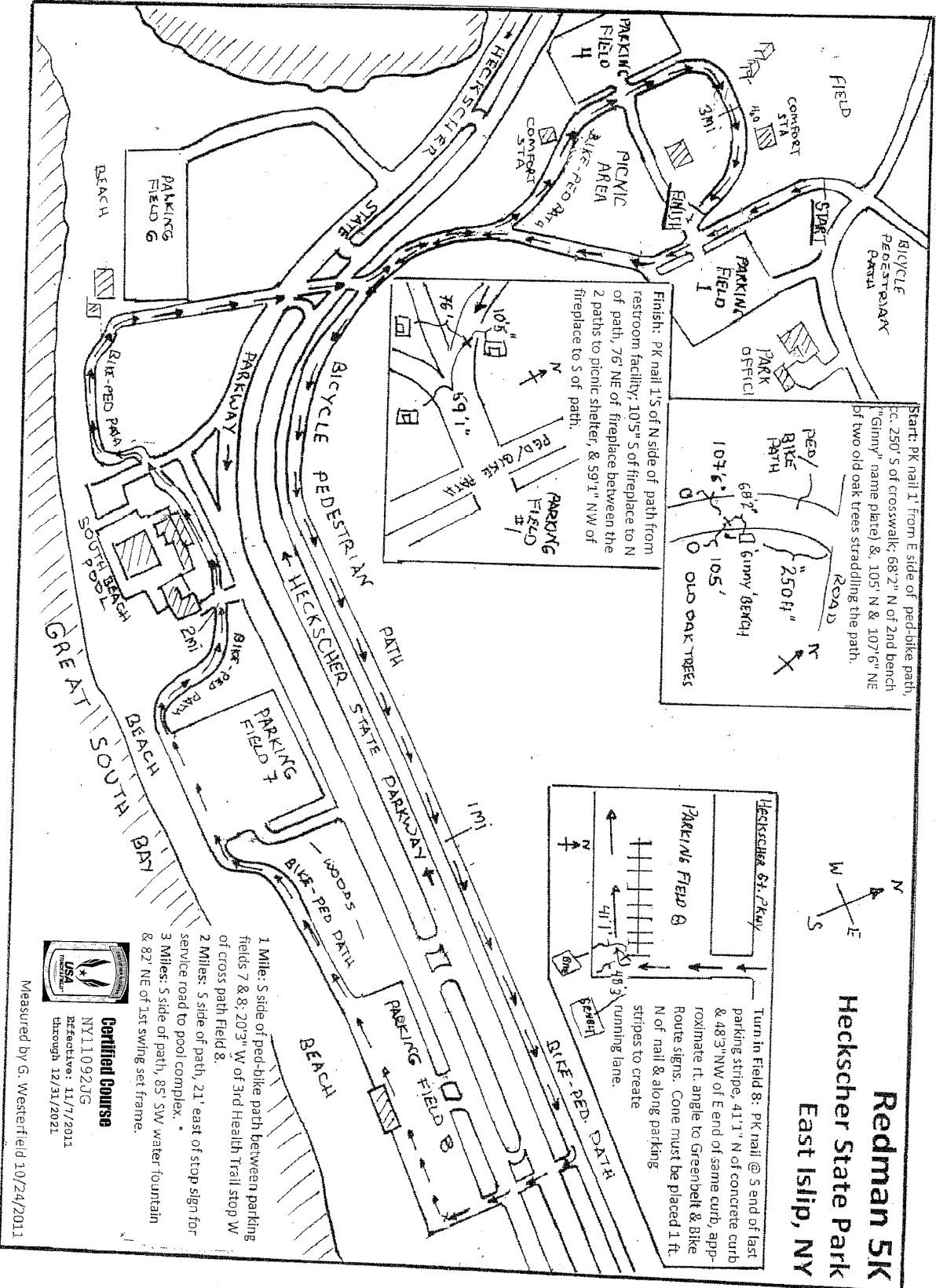
Turn in Field 8: PK nail @ S end of last parking stripe, 41'1" N of concrete curb & 48'3" NW of E end of same curb, approximate rt. angle to Greenbelt & Bike Route signs. Cone must be placed 1 ft. N of nail & along parking stripes to create turning lane.



Start: PK nail 1 from E side of ped-bike path, c. 250' S of crosswalk; 68'2" N of 2nd bench ("Gimny" name plate) & 105' N & 107'6" NE of two old oak trees straddling the path.



Finish: PK nail 1 S of N side of path from restroom facility; 105' S of fireplace to N of path; 76' NE of fireplace between the 2 paths to picnic shelter; & 59'1" NW of fireplace to S of path.



- 1 Mile: S side of ped-bike path between parking fields 7 & 8; 20'3" W of 3rd Health Trail stop W of cross path Field 8.
- 2 Miles: S side of path, 21' east of stop sign for service road to pool complex.
- 3 Miles: S side of path, 85' SW water fountain & 82' NE of 1st swing set frame.



Certified Course
NY11092JG
Effective: 11/7/2011
through 12/31/2021

Measured by G. Westerfield 10/24/2011



**Road Running Technical Council
USA Track & Field
Measurement Certificate**



Name of the course Redman 5K Distance 5 km

Location (state) NY (city) East Islip

Type of course: road race calibration track Configuration: loop (1x)

Type of surface: paved 100 % dirt - % gravel - % grass - % track - %

Elevation (feet above sea level) Start 6 Finish 6 Highest 4 Lowest 0

Straight line distance between start & finish 880' Drop 0.0 m/km Separation 5.36 %

Measured by (name, address, phone & e-mail) Gary Westerfield 350 Old Willets Path
Smithtown, NY 11787; 631-979-9603; garywesterfield@verizon.net

Race contact (name, address & phone) Jessica Carney, jcarney@westburypartners.com;
631-316-5710; [no street address provided]

Measuring Methods: bicycle steel tape electronic distance meter

Number of measurements of entire course: 2 Date(s) when course measured: October 24, 2011

Race date: November 13, 2011 Course certification effective date: November 7, 2011

Replaces: n/a (if applicable) Certification code: NY11092JG

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2021**

AS NATIONALLY CERTIFIED BY:

James A. Gilmer

Digitally signed by James Gilmer
DN: cn=James Gilmer, o, ou, email=jim.gilmer@gmail.com, c=US
Date: 2011.11.09 20:52:46 -05'00'

Date: **November 9, 2011**

James A. Gilmer, USATF/RRTC Regional Certifier, New York
232 Van Wies Point Rd., Glenmont, NY 12077-4222 • 518-427-9374 • jim.gilmer@gmail.com

NY11092JG