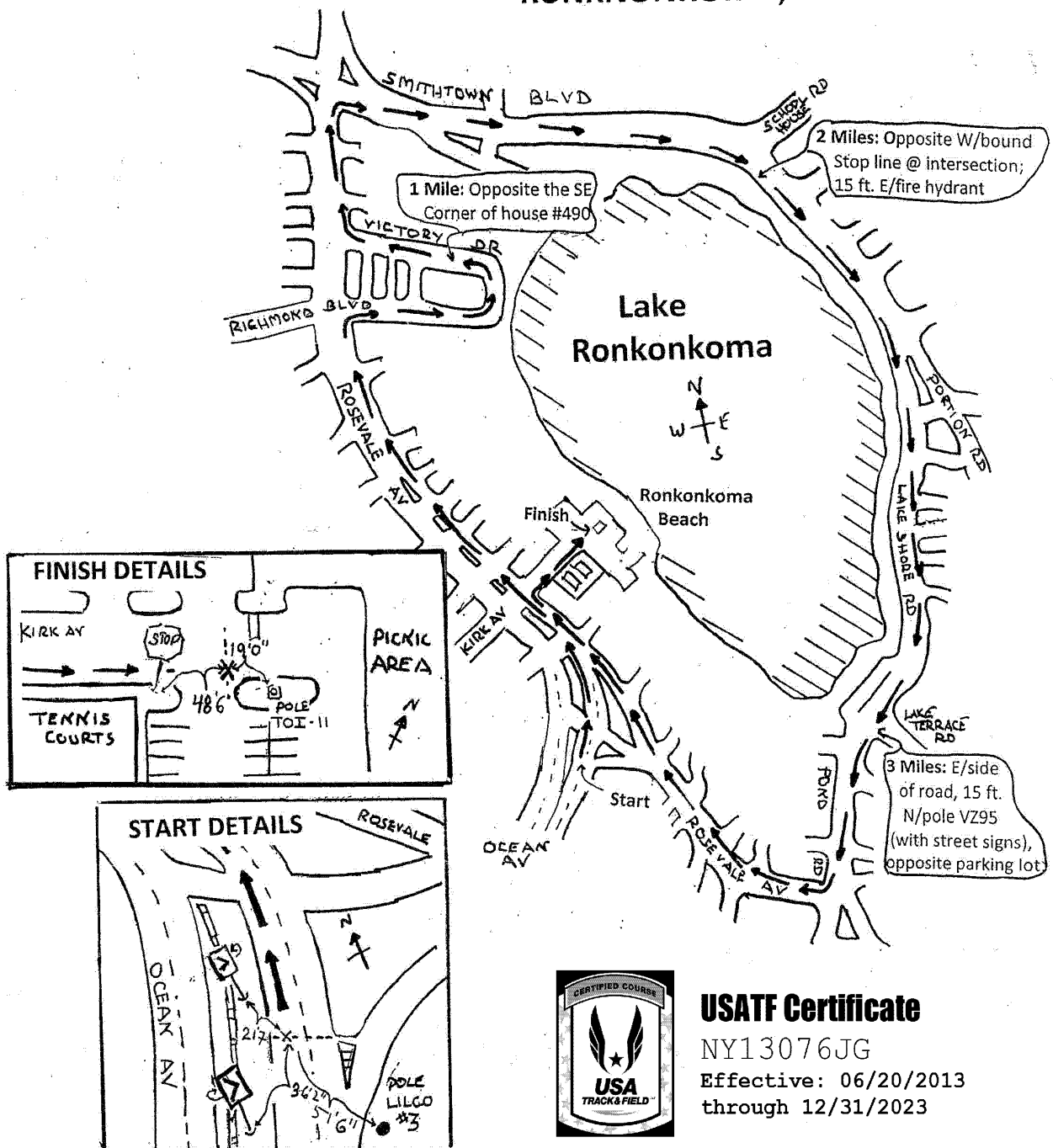


4 MILE RUN AROUND THE LAKE RONKONKOMA, NEW YORK



Measured by G. Westerfield: June 15, 2013; garywesterfield@verizon.net, 631-834-9340



**Road Running Technical Council
USA Track & Field
Measurement Certificate**



Name of the course 4 Mile Run Around the Lake Distance 4 mi.
Location (state) NY (city) Ronkonkoma
Type of course: road race ☒ calibration ☐ track ☐ Configuration: keyhole
Type of surface: paved 100 % dirt - % gravel - % grass - % track - %
Elevation (feet above sea level) Start 120 Finish 82 Highest 126 Lowest 58
Straight line distance between start & finish 426 m Drop 1.8 m/km Separation 6.6 %
Measured by (name, address, phone & e-mail) Gary Westerfield, 350 Old Willets Path,
Smithtown, NY 11787; 631-979-9603; garywesterfield@verizon.net
Race contact (name, address, phone & e-mail) Dwight Blomquist, 68 Doyle St., Long Beach, NY
11561; 516-431-6174; blomquist@start2finish.com
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 2 Date(s) when course measured: June 15, 2013
Race date: June 22, 2013 Course certification effective date: June 20, 2013
Certification code: NY13076JG

Notice to Race Director: Use this Certification Code
in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2023**

AS NATIONALLY CERTIFIED BY:

Digitally signed by James A. Gilmer
DN: cn=James A. Gilmer, o=NY Regional Certifier, ou,
email=jim.gilmer@gmail.com, c=US
Date: 2013.06.22 07:26:09 -04'00'

Date: June 22, 2013

James A. Gilmer, USATF/RRTC Regional Certifier, New York | IAAF Grade A Measurer
232 Van Wies Point Rd., Glenmont, NY 12077-4222 • 518-427-9374 • jim.gilmer@gmail.com