

Willow Bay
Picnic area

Start/Finish line, at 2.5 K wooden post

Sawmill Creek

3 Mile

EAST SHORE

ONONDAGA LAKE

RECREATIONAL

TRAIL

1 Mile

2 Mile

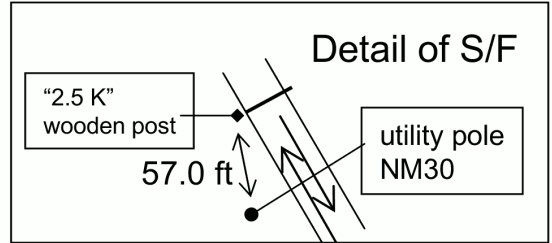
2K & 3K

Turn-around

parking

Onondaga Yacht Club

Sycamore St.



1K & 4K



USATF Certificate

NY18059JG

Effective: 07/15/2018
through 12/31/2028

1 Mile

2 Mile

2K & 3K

Turn-around

parking

Onondaga Yacht Club

Sycamore St.

Start/Finish :

At 6" x 6" wooden post marked "2.5K" on lake side of East Shore Recreation Trail (ESRT). The post is 57.0 ft from utility pole NM30.

Distance marks are described on p.2

Turnaround:

Marked by 6" x 6" wooden post on north side (closer to village) of ESRT, 161.5 ft. from nearest corner of Onondaga Yacht Club building. Post is labeled "START."

Willow Bay 5K

Liverpool, NY

measured 30 June 2018

by Don Hughes

dhughes171@gmail.com 315/214.4060

Detail of Turnaround

6" x 6" wooden post, labeled "START." 161.5 feet from corner of Yacht Club

EAST SHORE RECREATIONAL TRAIL

WALKING TRAIL

parking



restrooms

marina

Sycamore St.

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**Road Running Technical Council
USA Track & Field**

Measurement Certificate



Name of the course Willow Bay 5K Distance 5 km
 Location (state) NY (city) Liverpool
 Type of course: road race calibration course
 Measuring method: bicycle steel tape electronic distance meter
 Measured by (name, address, phone & e-mail) Don Hughes, 157 Strong Ave, Syracuse, NY 13210;
315-395-1887; dhughes171@gmail.com
 Race contact (name, address, phone & e-mail) Mickey Piscitelli, 4091 Corina Road, Baldwinsville, NY 13027;
315-345-3270; mpiscitelli2@verizon.net
 Date(s) when course measured: June 30, 2018
 Number of measurements of entire course: 2 Course Configuration: out-and-back (1x)
 Elevation (meters above sea level) Start 111.56 Finish 111.56 Highest 111.56 Lowest _____
 Straight line distance between start & finish 0.00 Drop 0.00 m/km Separation 0.00 %
 Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
 Effective date of certification: July 15, 2018 Certification code: NY18059JG

Notice to Race Director: Use this Certification Code in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2028**

AS NATIONALLY CERTIFIED BY:

Digitally signed by Jim Gilmer
 DN: cn=Jim Gilmer, o=USATF Road Running Technical Council, ou=Regional Certifier, New York, email=jim.gilmer@gmail.com, c=US
 Date: 2018.07.17 11:29:55 -0400'

Date: July 15, 2018

James A. Gilmer, USATF/RRTC Certifier • 232 Van Wies Point Rd., Glenmont, NY 12077-4222
 Phone: 518-852-3562 • Email: jim.gilmer@gmail.com

Description of distance markers

1km & 4km mark:

At S end of paved turnaround on W side of ESRT. Mark is on W edge of ESRT, 58.3 ft from closest corner of 3' x 3' steel access door set in concrete on W side of ESRT.

1-Mile mark:

Marked on E side of ESRT, 36.0 ft from utility pole NM12, located on W side of ESRT. Runners pass UP before hitting 1-mile.

2km & 3km mark:

Just S of two 32" x 32" C.I. storm drains on opposing sides of ESRT. Mark is on E side of ESRT, 37.5 ft from closest corner of the nearby storm drain.

2-Mile mark:

Marked on E side of ESRT, 30 ft past UP NM10. The measurement is along the edge of the ESRT. The UP is in overgrown swampy area on E side of the ESRT.

3-Mile mark:

Marked on W side of ESRT, 8 ft past two 15" x 20" electrical access panels set flush with ground. Panels are located on opposing sides of ESRT.

Willow Bay 5K

Liverpool, NY

measured 30 June 2018

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