

USATF Certification OK13042DG

Sequoyah State Park 5k Hulbert, OK 5,000 m

Effective Dates 6/2/13-12/31/2023





Start/Finish: In Front of Western Hills Lodge, runs east/west directly in line with the center of flag pole in at the main entrance to the Lodge **1k/4k:** On the Lodge commercial entrance Rd. 31.7 m SE of the

intersection of main entrance (Park 80) and commercial entrance (Park 10) roads.

2k/3k: On Park 80 Rd., directly in line with the gate that is 24.6 m north of the north edge of the boat ramp entrance in the Choctaw Campground. **2.5 k Turnaround:** 21 m from the curve on south park 80 Rd by the picnic tables in the Choctaw Campground.

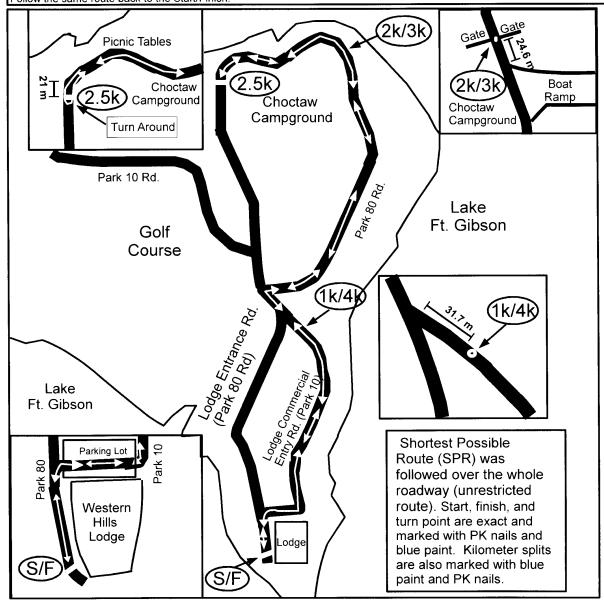
Finish: Finish line is at the same exact location as the start line.

Measured by Martin Updike, on 5/22/2013 918-577-1956 martin@i40raceservice.com

Elevations:

Start/Finish: 185 m Lowest: 177 m Highest: 209 m

Course Description: Start going north on the Western Hills Lodge Entrance Rd (Park 80 Rd.). Take the first right crossing the parking lot that is directly north of the lodge. Do not pass over the parking spaces, but stay within the south row of the parking lot. After crossing the parking lot turn left on the commercial entrance Rd (Park 10 rd.). Follow Park 10 Rd to Park 80 Rd. Turn right on park 80 rd. at the entrance to the Choctaw Campground and follow the loop through the campground to the 2.5 k turnaround point. Follow the same route back to the Start/Finish.





Road Running Technical Council USA Track & Field Measurement Certificate



Name of the course Sequoyah State Park Distance 5 km	
Location (state) Oklahoma (city) Hulbert	
Type of course: road race ☑ calibration ☐ track ☐ Configuration: Out-and-Back	
Type of surface: paved% dirt% gravel% grass% track%	
Elevation (meters above sea level) Start 185 m Finish 185 m Highest 209 m Lowest 177	
Straight line distance between start & finish 0.0 m Drop 0.0 m/km Separation 0.0	%
Measured by (name, address, phone & e-mail) Martin Updike, 2903 Gibson St., Muskogee,	
OK 74403 (918)577-1956 martin@i40raceservice.com	
Race contact (name, address, phone & e-mail) Tony Hopkins, PO Box 135, Okay, OK 74446	
(918)781-9368	
Measuring Methods: bicycle steel tape ☐ electronic distance meter ☐	
Number of measurements of entire course: 2 Date(s) when course measured: May 22, 2013	
Race date:Jun. 15, 2013 Course certification effective date:Jun. 2, 2013	
Certification code: OK13042DG	
Notice to Race Director: Use this Certification C in <i>all</i> public announcements relating to your race.	
Be It Officially Noted That	
Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If <i>any</i> changes are made to the course, this certification becomes void, and the course must then be recertified.	
Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.	
This certification expires on December 31 in the year 2023	
AS NATIONALLY CERTIFIED BY: Date: Jun. 10, 201	.3

Don Garrett – USATF/RRTC National Certifier

12120 Hickory Creek Blvd., Oklahoma City, OK 73170 (405)850-5834 garrettok@aol.com