

USATF Certification  
OK19024DG

Okemah Lake 5k  
Okemah, OK – 5,000 meters

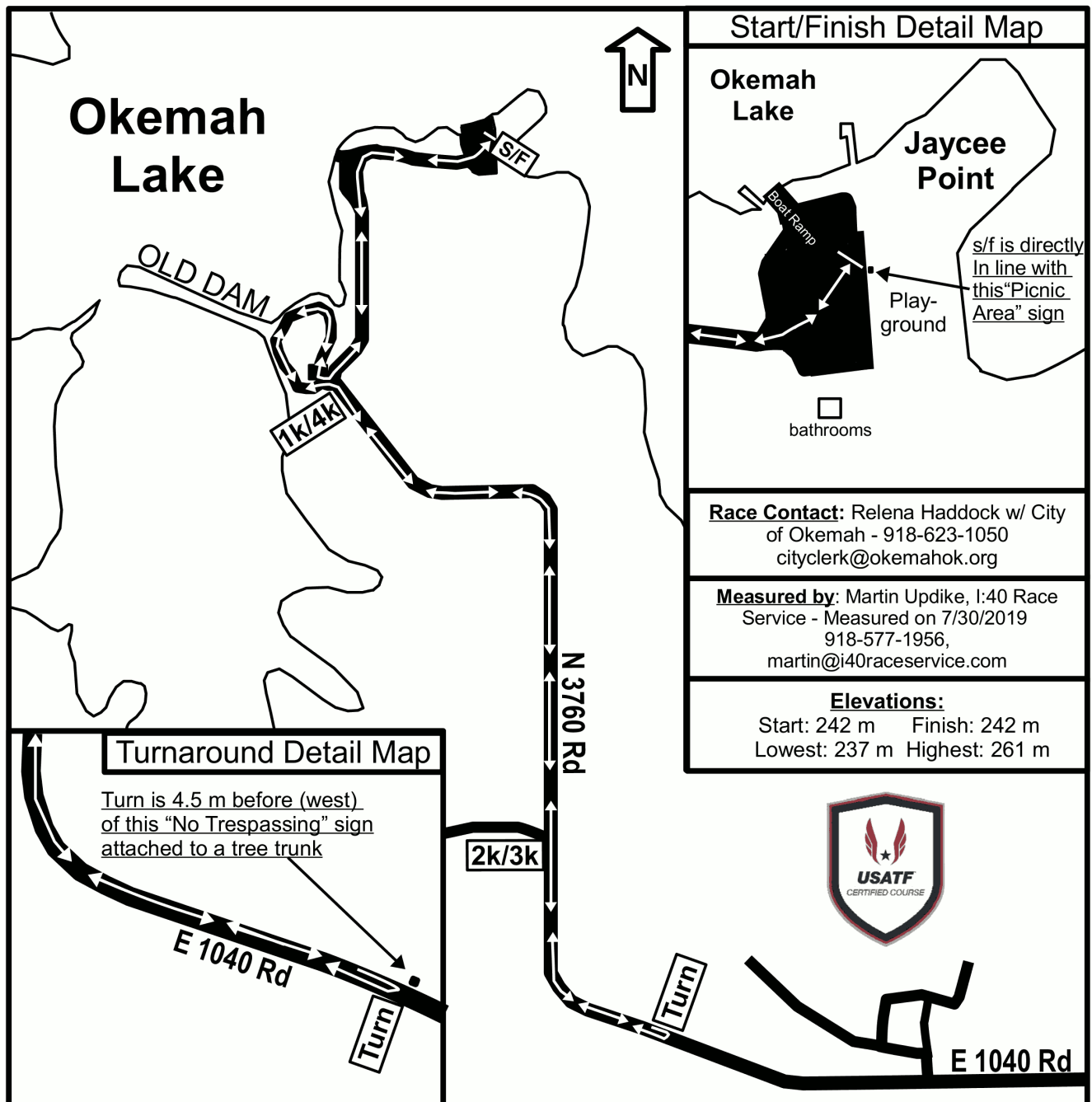
Effective Dates  
Aug 12, 2019 to Dec 31, 2029

**Start/Finish:** At Jaycee Point on Okemah Lake, directly in line with the “Picnic Area No Fee” Sign at the gap in the pipe fence around the parking lot. (GPS 35.5222-96.3186)

**1k/4k:** On N 3760 Rd, 27 meters south of the gate at the entrance to Lake Okemah.

**2k/3k:** On N 3760 Rd, 7 meters south of the entrance road for “Lake Haven Edition”.

**Turnaround:** On E 1040 Rd, 4.5 meters west of the “Private Property - No Trespassing” sign attached to the trunk of a tree on the north side of the road. (GPS 35.5082 -96.3148)





**Road Running Technical Council**  
**USA Track & Field**  
**Measurement Certificate**



Name of course: Okemah Lake 5K Distance: 5 km  
Location : (state) Oklahom (city) Okemah  
Type of course : road race ☒ calibration course ☐ track ☐  
Measuring methods : bicycle ☒ steel tape ☐ electronic distance meter ☐  
Measured by (name, address, phone & e-mail) Martin Updike 812 ES Blvd., Muskogee, OK 74403  
918-577-1556 martin@i40raceservice.com  
Race Contact (name, address, phone & email) Relena Haddox 502 W. Broadway, Okemah, OK 74859  
918-623-1050 cityclerk@okemahok.org  
Date(s) when course measured: Jul. 30, 2019  
Number of measurements of entire course: 2 Course Configuration: same out/ back 1 time  
Elevation (meters above sea level) Start 242 m Finish 242 m Highest 261 m Lowest 237 m  
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0.0%  
Type of Surface: Paved 100% Dirt 0% Gravel 0% Grass 0% Track 0%  
Effective date of certification: Aug. 12, 2019 Certification code: OK19024DG

Notice to Race Director: Use this Certification code  
in **all** public announcements relating to your race

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 in the year***

**2029**

***AS NATIONALLY CERTIFIED BY***

*Don Garrett*

**Date :** Aug. 12, 2019