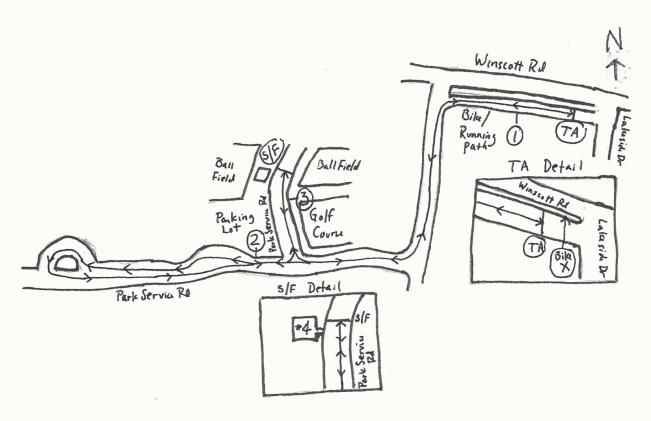


Lake Benbrook• 5 kilometers • USATF Certification TX16006ETM Effective 01.15.2016 to 12.31.2026 • Benbrook, TX Measured by Michael Polansy 01.13.2016 • polanskyrunning@sbcglobal.net Map not to scale • No restrictions



S/F- 32 ft. 9 ins. NE of sidewalk at Shelter #4

1-76 ft. 3 ins. E of parking lot entrance @ 1655 Winscott Rd

TA-15 ft. 9 ins. W of Bike Crossing sign W of Winscott Rd and Lakeview Rd

2-53 ft. 7 ins. W of intersection of Park Service Rds

3-291 ft. 9 ins. S of yellow park gate



Road Running Technical Council USA Track & Field Measurement Certificate



Name of the course	Lake Benbrook						Distance 5 km			
Location (state)	TX			(city)		Benbrook	(
Type of course: roa	d race	calibration	course 🔲	track						
Measuring methods:	bicycle 🔽	steel tap	e 🔲 el	ectronic d	listance m	eter 🗌				
Measured by (name, a	ddress, phone	& e-mail) <u> </u>	Michael Po	olansky;	3619 B	yers; For	t Worth, ∃	ΓX 76107		
817.228.6261; po	lanskyrunnir	ng@sbcgl	obal.net							
Race contact (name, ac	ddress, phone	& e-mail)_		Same	as abo	ve				
Date(s) when course measured: Jan 13, 2016					Number of measurements of entire course: 2					
Course Configuration:	Keyl	nole								
Elevation (meters above	ve sea level)	Start2	23 m _{Fi}	nish	223 m	Highest_	228 m	Lowest_	221 m	
Straight line distance b	etween start &	finish	0		Drop	0	m/km S	eparation _	0 %	
Type of surface: pav	ed <u>100</u> 9			gravel _	%	grass_	%	track	%	
Effective date of certif	ication:	Jan ²	15, 2016		Certi	fication co	de:	TX16005	ETM	
								this Certific s relating to	cation Code your race.	
	1	Be It (Officia	ally N	loted	Thai	t			
in the map dards adopt	xamination of attached is he ted by the Roa ecomes void, a	reby certifi d Running	ed as reaso Fechnical C	nably acc ouncil. If	urate in n <i>any</i> chang	neasureme	nt accordir	ng to the sta	n-	
of USA Tra the Road R	n of Course — ack & Field, a unning Techn cords will be re	verification ical Counci	remeasured. If such a	nent may remeasur	be requirement sho	ed to be pe ows the co	rformed by	y a member	of	
Th	is certifica	tion expi	res on De	ecembei	· 31 in t	he year	2026	6		
		AS NA	TIONAL	LY CEI	RTIFIE	D BY:				
E. T. (Tom) McBray)					Date:	J	an 16, 201	16	

4021 Montrose Blvd; Houston, TX 77006 • 713-523-5679 • mametm@sbcglobal.net