

Road Running Techical Council USA Track & Field Measurement Certificate



Name of the course Al Lewis 10 Mile and 5 Mile	Distance 5mi
Location (state) DC	(city) Washington
Type of course: Road Race	
Measuring Methods: Bike	
Measured By Robert Thurston, 13 Kennedy St, Washington	n, DC 20011 202-431-0585. thurret@aol.com
Race Contact Miguel Matta, 650-492-0973 miguel.matta@c	dcroadrunners.org
Date(s) when course measured: 12/29/2019	
Number of measurements of entire course: 2 Course Co	onfiguration: out and back
Elevation (meters above sea level) Start 2m Finish 2	m Lowest 1m Highest 3m
Straight line distance between start and finish Om	Drop 0 m/km Separation 0 %
Type of surface: Paved 100 % Dirt 0 % Gravel 0	% Grass <u>0</u> % Track <u>0</u> %
Effective date of certification: January 7, 2020	Certification code: DC20001RT
	Note to Race Director: Use this Certification Code
	in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: | 2030

Thurston

AS NATIONALLY CERTIFIED BY:

Date: <u>January 7, 2020</u>

Robert Thurston - USATF/RRTC Certifier - 13 Kennedy St NE , Washington DC 20011 (202) 431-0585 - thurret@aol.com

AL LEWIS 10 MILE AND 5 MILE EAST POTOMAC PARK WASHINGTON, DC

FIVE MILE COURSE IS SHOWN.
FOR TEN MILES, RUN 5 MILES, GO
AROUND CONE AT START LINE
THEN REPEAT OUT FBACK COURSE.
MILE 1,4 BECOMES MI 6 9;
(MILE 2,3 BECOMES MI 7 8.





