



*Road Running Technical Council
USA Track & Field
Measurement Certificate*



Name of the course Turkey Trot 10K 2022 Distance 10 km
Location (state) FL (city) Tallahassee
Type of course: Road Race
Measuring Methods: Bicycle
Measured By Bill McGuire, 1978 Setting Sun Trail, Tallahassee FL 32303 bmcguire0516@gmail.com 850-294-5837
Race Contact David Yon, 3324 Clarkston Rd, Tallahassee FL 32309 dyon@radeylaw.com 850-668-2236
Date(s) when course measured: remeasurement (FL11113EBM), 11/02/2022
Number of measurements of entire course: 2 Course Configuration: complex of different loops
Elevation (meters above sea level) Start 18.00 Finish 18.00 Lowest 13.00 Highest 30.00
Straight line distance between start and finish 175m Drop 0.00 m/km Separation 1.75 %
Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %
Effective date of certification: November 16, 2022 Certification code: FL22045JK

Note to Race Director: Use this Certification Code
in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: **2032**

AS NATIONALLY CERTIFIED BY:

Date: November 20, 2022

Justin Kuo - USATF/RRTC Certifier - 39 Oakland Rd, Brookline MA 02445
(617) 487-4463 - jkuo+certifier@usatfne.org

1 mile: 15' NW of first light pole NW of Terrabonne access path to bike trail
2 mile: on Grove Park Dr., 47' W/SW of Southwood Golf Club sign.

3 mile: on east side of Bald Cypress, 6' north of sign for #4052

51c: 59' south of center of electric box located on east side of Bald Cypress, across from "Visitor Parking" sign at southernmost lot.

Turn 1 : 86' north of stop sign at NW corner of 4 Oaks Blvd. and Tram Rd. Mark is also 38' north of southernmost fire hydrant on east side of 4 Oaks.

4 mile: 266' north of southernmost fire hydrant on east side of 4 Oaks

5 mile: 22' east of east edge of storm drain on north side of Grove Park Drive, between Terrebonne and Shumard Oak.

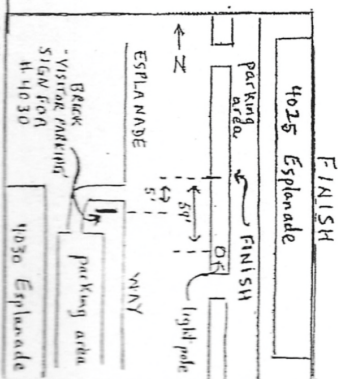
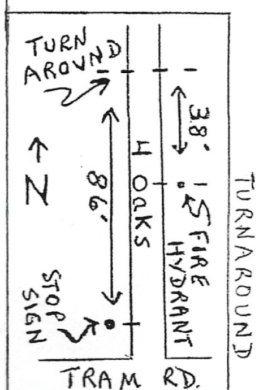
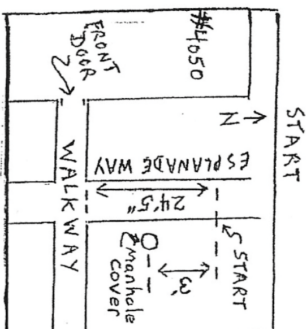
6 mile: on south side of Merchants Row, directly across street from Unit 35 at T win Oaks at Southwood.

Finish: in front of 4025 Esplanade, 5' north of permanent "Visitor Parking" sign for 4030 Esplanade.

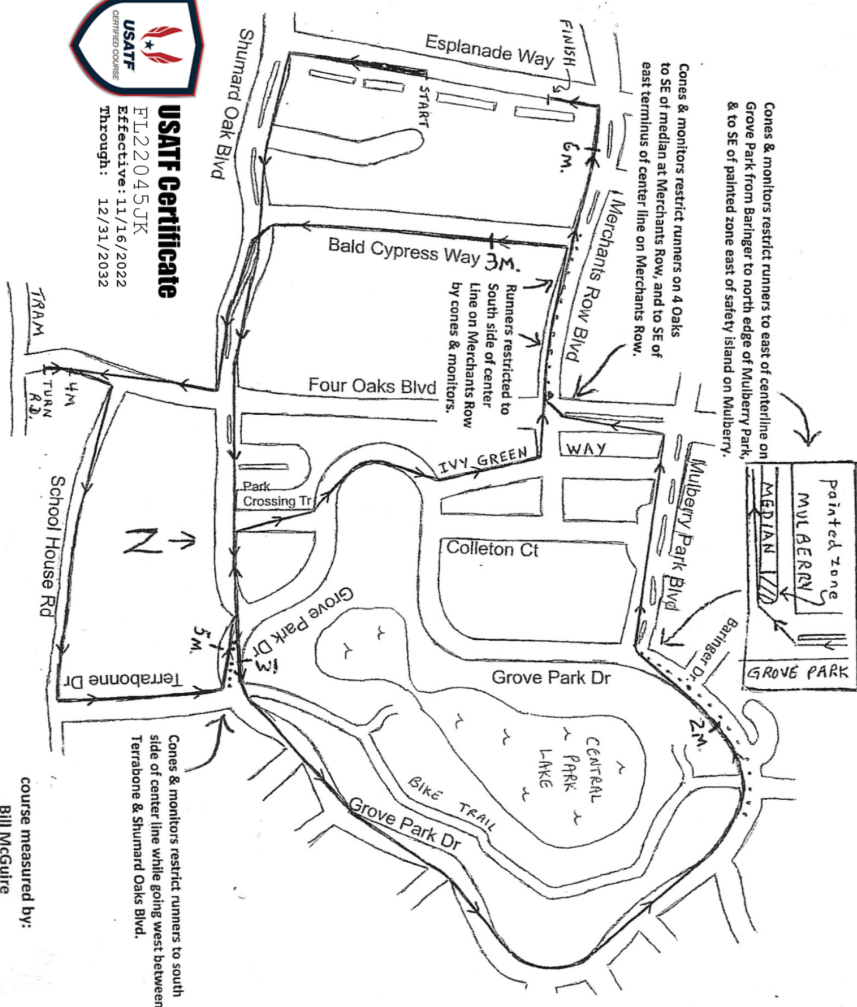
Course Description

Cowse starts south on Esplanade and turns east on Shumard Oaks, all the way to Grove Park Dr. It turns east onto Grove Park, and proceeds counter-clockwise around the lake. (Runners are restricted to the south lane from Banting's Hill Dr. forward). It then turns west into the south lane of Mulberry Park. It turns south into the east lane of Four Oaks, and then goes west along the south lane of Merchants Row.

The eagle then turns south onto Bald Cypress, where it passes the St. marsh. It turns east into the south line of Shinnard, then south onto Four Oaks, where it proceeds to the turnaround just north of Tram Rd. Now heading north on Four Oaks, the course turns east onto School House Rd., then north onto Terrebonne Dr. It then turns W/VN/ onto Grove Park Dr., and west onto Shinnard Oak. From there it turns south onto Park Crossing and west onto Grove Park Dr. It proceeds clockwise around Grove Park, then north on Ivy Garden Way. It then turns west onto Merchants Row, staying south of the center line all the way to Esplanade, where it turns south to the finish.



USATF Certificate
FL22045JK
Effective: 11/16/2022
Through: 12/31/2032



course measured by:
Bill McGuire
 1978 Setting Sun Trail
 Tallahassee, FL 32303
 bmcguire0516@gmail.com
 (850) 294-5837

Course measured on Nov. 2, 2022

Calibration course: FL12011EBM
(1,000 ft.)

Original course (FL113EBM)
measured on Sept. 10, 2011

Except where noted, this course was measured using the full width of the road, and the shortest possible route