



**Road Running Technical Council
USA Track & Field
Measurement Certificate**



Name of the course Great Cow Harbor 10k Distance 10 km
Location (state) NY (city) Northport
Type of course: Road Race
Measuring Methods: Bicycle
Measured By Gary Westerfield - 350 Old Willets Path - Smithtown, NY 11787 - (631) 834-9340 - garywesterfield@verizon.n
Race Contact Dwight Blomquist - 68 Doyle St, Long Beach, NY 11561 - 516-551-2139
Date(s) when course measured: 07/18/2021
Number of measurements of entire course: 2 Course Configuration: partial loop
Elevation (meters above sea level) Start 44.81 Finish 3.66 Lowest 2.74 Highest 56.69
Straight line distance between start and finish 1072 m Drop 4.12 m/km Separation 10.72 %
Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %
Effective date of certification: August 5, 2021 Certification code: NY21020DNB

Note to Race Director: Use this Certification Code
in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: **2031**

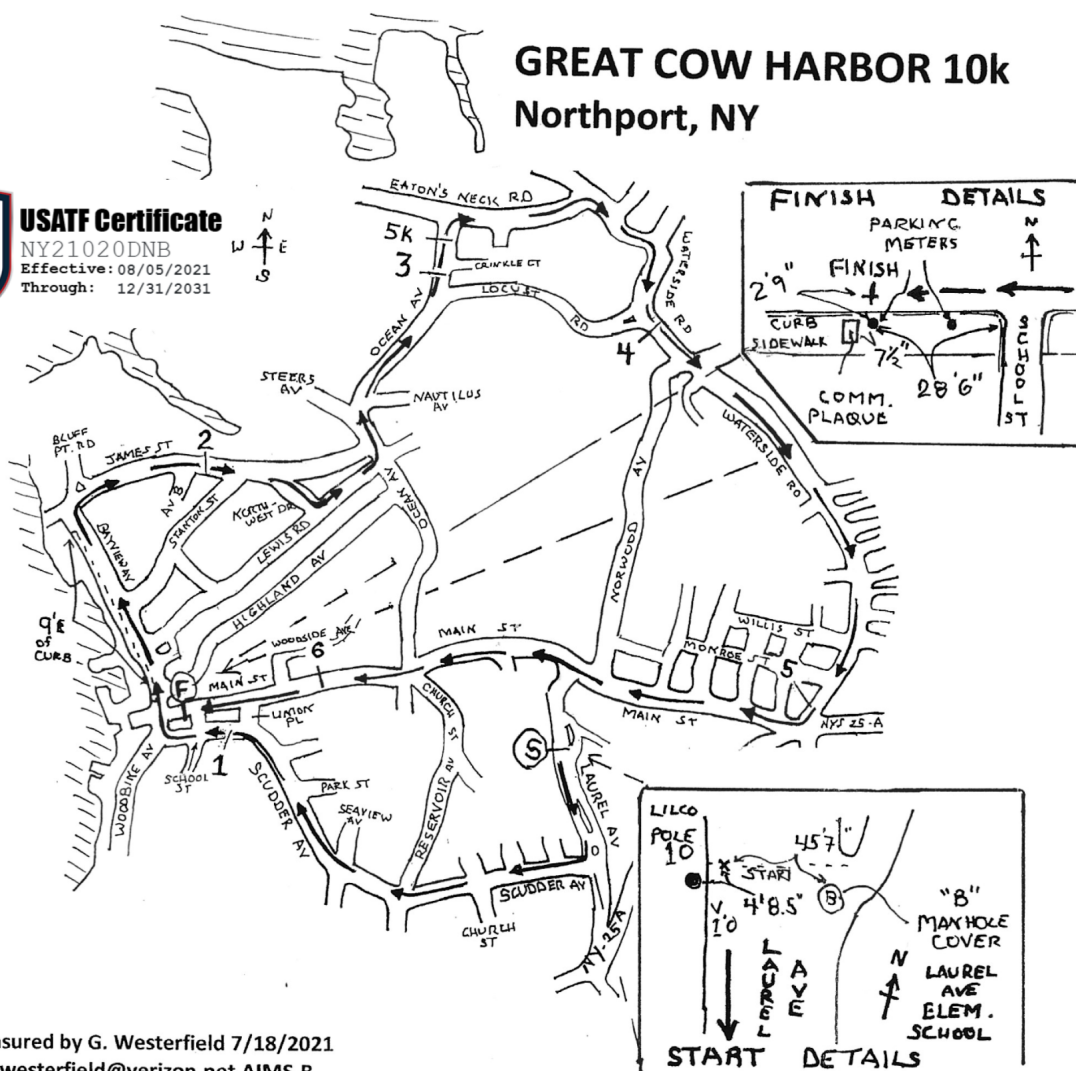
AS NATIONALLY CERTIFIED BY:

Date: August 8, 2021

Diana Bean - USATF/RRTC Certifier - 180 W. Lake Road, Brackney PA 18812
(607) 240-9858 - dbean0120@gmail.com



USATF Certificate
 NY21020DNB
 Effective: 08/05/2021
 Through: 12/31/2031



Measured by G. Westerfield 7/18/2021
 garywesterfield@verizon.net AIMS-B
 Replaces NY-09005-JG

COURSE NARRATIVE:

Runners may take the shortest route available (SRA), except on Bayview Av. See restriction below.

START: On the west side of Laurel Av; marked by a PK nail 1'0" E of the curb, 4' 8.5" NE of Lilco pole #10 & 45'7" NW of "B" manhole cover on N side of Laurel. Run S on Laurel, right (W) on Scudder Av. Pass **1 mi:** S side of Scudder @ pole #1327, opposite #65. Turn right (N) on Woodbine Av. Cross Main St, on to Bayview Av. Stay right of car parking-10' E of curb. Turn right (E) on James St. Pass **2 mi:** S side of James St-2 meters (m) W of mailbox # 60. Turn right (SE) on Northeast Dr. Turn left (NE) on Lewis Rd. Turn left (N) on Ocean Av; pass **3mi:** E side of Ocean@ drain-2m S of street sign at Crinkle Ct. Pass **5km:** E side of Ocean@ mailbox #316. Turn right (E) on Eaton's Neck Rd. Turn right (S) on Waterside Rd. Pass **4mi:** E side of Waterside-12m S of mailbox #195 on W side of road. Pass **5mi:** W side of Waterside-2m N of driveway to #21. Turn right (SW) on NYS-25A & immediately right (W) on Main St. Pass **6mi:** S side of Main St-2m E of door #256. Run to **Finish:** S side of Main St-28'6" W of SW corner of School St, 1'0" N of curb, 2'9" N of & in line with 2nd parking meter W of School St. Meter is 7.5" S of plaque commemorating the finish.