



**Road Running Technical Council
USA Track & Field
Measurement Certificate**



Name of the course UCP Life Without Limits 5k Distance 5 km
Location (state) AL (city) Florence
Type of course: Road Race
Measuring Methods: Bicycle
Measured By Edward Mason - 449 COUNTY ROAD 576 - ROGERSVILLE, AL 35652 - (256) 335-6793 - eddie.mason0127@
Race Contact Julie Cochran - 507 N Hook Street, Sheffield, AL 35674 - 256-320-3331
Date(s) when course measured: 10/27/2021
Number of measurements of entire course: 2 Course Configuration: same out/back
Elevation (meters above sea level) Start 167.00 Finish 167.00 Lowest 142 Highest 172
Straight line distance between start and finish 0 m Drop 0.00 m/km Separation 0.00 %
Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %
Effective date of certification: November 14, 2021 Certification code: AL21029JE

Note to Race Director: Use this Certification Code
in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: **2031**

AS NATIONALLY CERTIFIED BY:

Date: November 25, 2021

Jon Elmore - USATF/RRTC Certifier - 3428 Tanglewood Dr SW, Decatur AL 35603
(256) 476-3517 - jklca5@att.net

1 Mile - 57'3" south of 3rd light pole from south side of black security fencing on north end of dam

Turn Around - 78'4" north of 5th light pole south of the vehicle parking zone on the dam

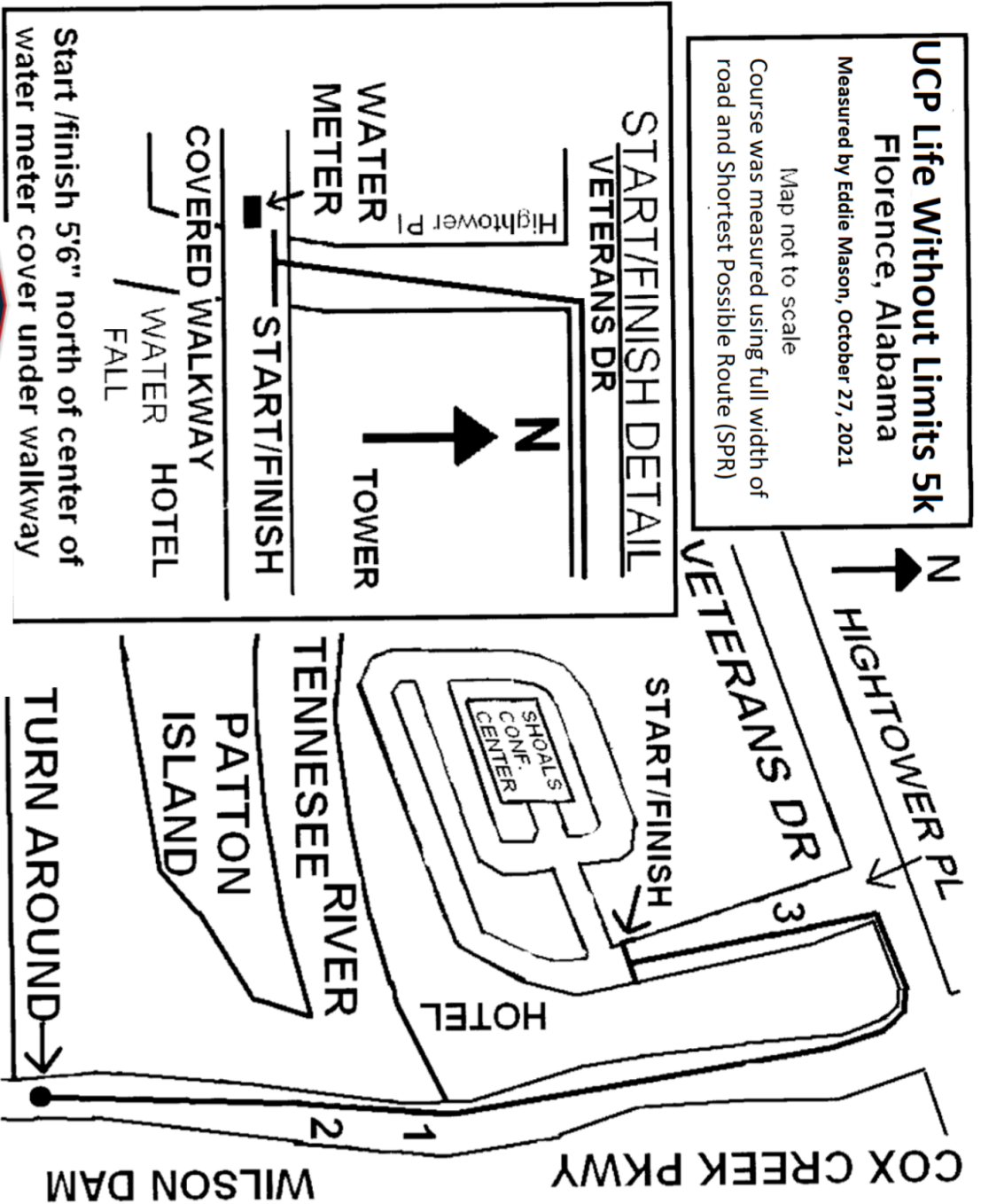
2 Mile - 38'1" north of 8th light pole from south side of black security fencing on north end of dam

3 Mile - 4' south of 3rd light pole(#2261) from the north end of Hightower Place

UCP Life Without Limits 5k Florence, Alabama

Measured by Eddie Mason, October 27, 2021

Map not to scale
Course was measured using full width of road and Shortest Possible Route (SPR)



USATF Certificate

AL21029JE
Effective: 11/14/2021
Through: 12/31/2031