



Road Running Technical Council
USA Track & Field

Measurement Certificate



Name of the course McKirdy Micro Marathon Rockland Lake Distance 42.195km
Location (state) NY (city) Valley Cottage
Type of course: Road Race
Measuring Methods: Bike
Measured By Jim Gerweck, 156 Fillow St., Norwalk, CT 06850 jimrg156@gmail.com
Race Contact Heather Pech, Darien, CT 06820
Date(s) when course measured: 03/27/2021
Number of measurements of entire course: 2 Course Configuration: 1 loop 8+X
Elevation (meters above sea level) Start 47m Finish 47m Lowest 46m Highest 48m
Straight line distance between start and finish 520m Drop 0 m/km Separation 1.2 %
Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %
Effective date of certification: April 12, 2021 Certification code: NY21001JRG

Note to Race Director: Use this Certification Code in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: 2031

AS NATIONALLY CERTIFIED BY:

Date: April 12, 2021

Jim Gerweck - USATF/RRTC Certifier - 156 Fillow St., Norwalk CT 06850
(203) 858-5449 - jimrg156@gmail.com

McKirdy MicroMarathon

42.195 km, Valley Cottage, NY

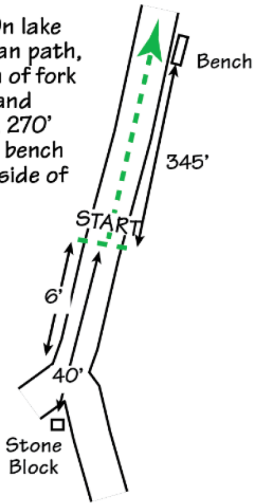
One full lap of the lake is 4746.08m. Runners do a partial lap of 4226.36m to the finish, then 8 complete laps of the course.



USATF Certificate
NY21001JRG
Effective: 04/12/2021
Through: 12/31/2031

START DETAIL

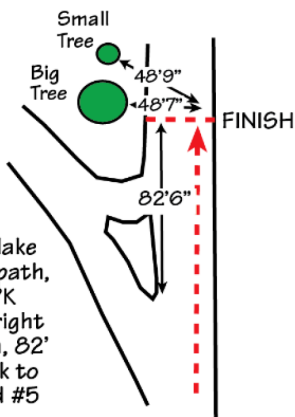
START: On lake pedestrian path, 81' north of fork to Rockland Lake Rd., 270' south of bench on right side of path



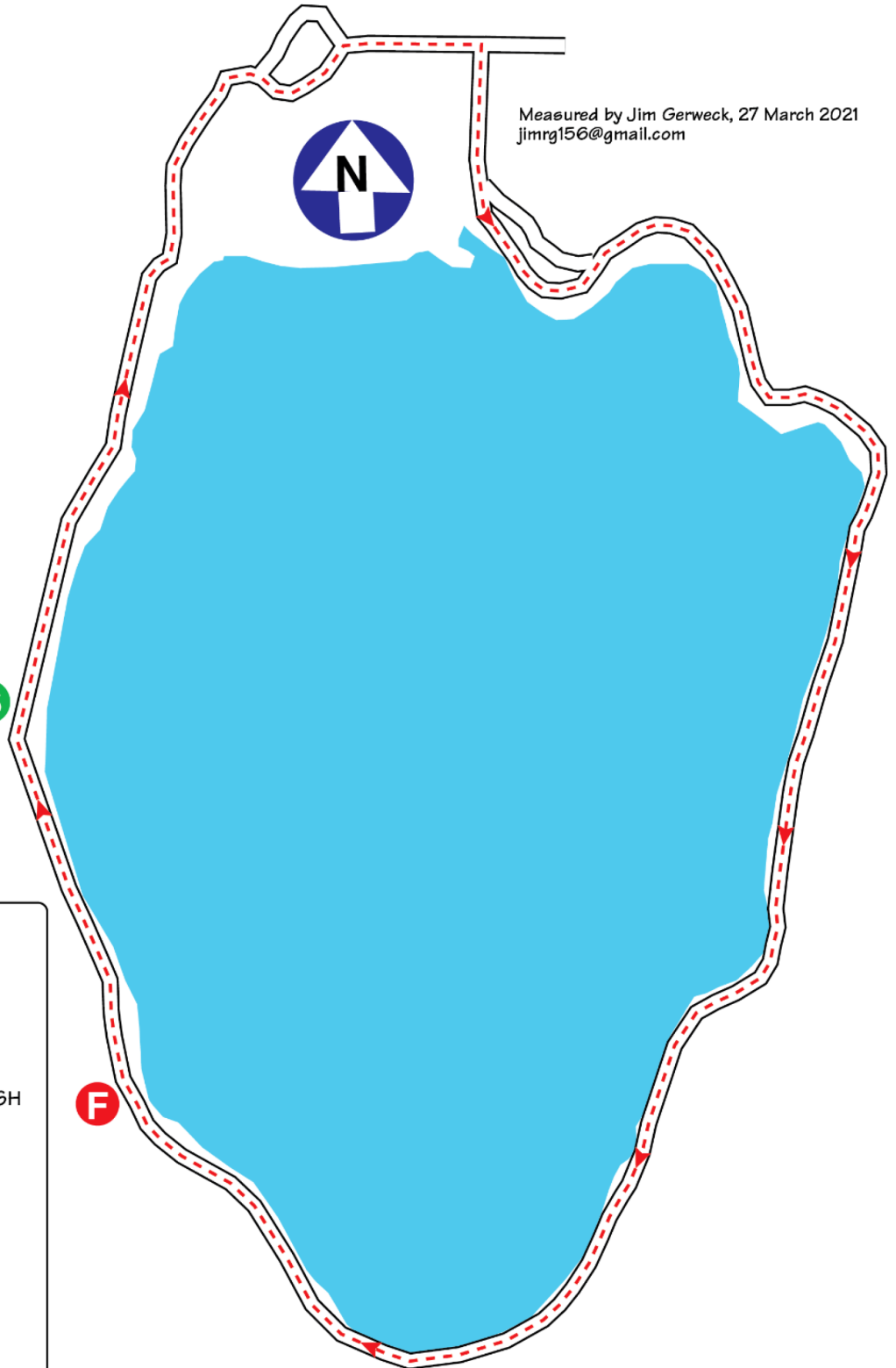
This course was measured using the full width of the road and the Shortest Possible Route (SPR) except where noted.

FINISH DETAIL

Parking Field #5



FINISH: On lake pedestrian path, marked by PK nail 1' from right side of path, 82' north of fork to Parking Field #5



Measured by Jim Gerweck, 27 March 2021
jimrg156@gmail.com